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In this issue

The Power of Words
by Eleanor Hunter

Practical Christianity
by W. I. Hoschouer

A magazine devoted to Christian healing

The forgiving love of Jesus Christ lifts the burden, and the glow of radiant health appears.

Use from June 20 to July 19

UNITY

Devoted to Christian Healing

CHARLES FILLMORE, *Editor*
GEORGE E. CARPENTER, *Associate Editor*

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Notes and Comments

By CHARLES FILLMORE

GIVING

IN ACTS 20:35 Paul says, "Remember the words of the Lord Jesus, that he himself said, It is more blessed to give than to receive."

This admonition may be taken spiritually or literally. Those who practice giving literally are loud in their praises of the joy they get as a result. Those who give spiritually are even more joyous in their proclamations of the happiness they experience as they behold the transformations that take place in those who receive.

But those in spiritual understanding who give literally get not only great joy out of their giving, but in addition a consciousness of the power of blessing, because spiritual-minded persons always bless their gifts, remembering the words of Jesus, "It is more blessed to give than to receive."

Jesus stressed the power of words because He knew that we are held accountable under the creative law for every word we utter. "For by thy words thou shalt be justified, and by thy words thou shalt be condemned." We are justified with abundance when we put words of plenty into our finances, but we are condemned to insufficiency when we put the word of lack into the sensitive ether that infolds our money.

Science is now confirming what has from the beginning been taught in the Scriptures, that there is an invisible substance or "earth" in which the thought and word of man is planted. Marvelous results are obtained by those who watch their words and plant in the ether only those which are charged with thoughts of good of every kind. Such persons are "rich toward God." They have sown bountifully and they shall reap bountifully.

Paul wrote to the Corinthians, "*Let* each man *do* according as he hath purposed in his heart: not grudgingly, or of necessity: God loveth a cheerful giver." Give as you have purposed in your heart and put your word of approval on your gift. The amount you put in your envelope may not be as large as you had purposed in your heart, but prove your spiritual faith by putting the opulent word upon your gift, regardless of its apparent value.

Then do not lament or groan over your finances, but spend what you have like a millionaire. Greek scholars say that the word "cheerful," used by Paul, should have been translated "hilarious." God loves a hilarious giver.

Every teacher of the divine law strives to return to his students much more than they give, not only in spiritual values but material also. If the law of the word is used according to instructions, it will make every gift rich with the increasing, multiplying power of the Spirit and bring returns multiplied a hundredfold. It was to such givers that Jesus promised, "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over, shall they give into your bosom. For with what measure ye mete it shall be measured to you again."

SCATTERING NEGATIVE CONDITIONS

In the 7th chapter of the Book of Judges is told the wonderful triumph of three hundred Israelites under Gideon over a large army of Midianites. It was accomplished by flashing torches, blowing trumpets, and shouting, "For Jehovah and for Gideon."

All Scripture may be taken symbolically. This Scripture is a symbolical description of man's power to overcome the negative thoughts that have dominated his consciousness and surrounded him with undesirable conditions. The Israelites represent our true thoughts that have drifted away from the recognition of God as the one source of our good. The Midianites represent our error thoughts, which have cowed

us into submission and are continually robbing us of our substance.

But we should remember that in the darkest hour we can flash the light of Truth into the midst of error, shout the word of authority and victory in the name of the spiritual I AM, Gideon, and cause ignorance and error to destroy itself.

This lesson is particularly encouraging to those who have been worsted by error and are apparently down and out. The Israelites had lost everything and were thoroughly discouraged. Yet the remedy was right at hand awaiting their word of victory.

The great need of the human family today is to understand that man is the executive power of God developing His divine plan. We overemphasize the idea that we are to stand still and see the salvation of Jehovah. Man's salvation depends on his coöperation with Jehovah. Jesus taught that man has power in his earthly realm to move the forces of the heavenly. "Whatsoever thou shalt bind on earth shall be bound in heaven; and whatsoever thou shalt loose on earth shall be loosed in heaven." The fact is that when man turns loose the forces of his courageous, fearless mind, all the powers of heaven fly to his aid and his success seems miraculous.

The shout of Gideon and his noble three hundred, "For Jehovah and for Gideon," was a demonstration of the power of the word to arouse enthusiasm. This enthusiasm that we arouse through our word is something that is necessary to the demonstration. If God is your resource and you believe that He is speaking to you, speak the word, and it will be manifested. But do not go on thinking that you are working for God and are submitting to poverty and lack and all those things for His sake and the good of His people, and yet are not receiving your just reward. God is a good paymaster, but to prove it man must declare His sufficiency in all things. We are the expression of God, the very hand of God; and as man's hand is the only hand of God, so man's voice is the only voice of God.

This enthusiasm of the word is a thing that we see demonstrated on every side. Napoleon said that he often was astounded at the power of his words as on the eve of a battle he would ride up and down before his trusty legions and quietly say: "The hour has come to strike. The enemy is at hand. You were victorious at Austerlitz, and you shall be again victorious here." He said that his old legions fairly thrilled with eagerness to get into the fray.

Let us remember that it is not numbers that win these battles for us; they are won through the power of Spirit. It was not numbers that won the battle for Gideon and the Children of Israel; it was putting into action the innate activity of spiritual man. Spiritual man is always zealously idealizing the word of God's all-sufficiency in all things, and when the outer man gives that zeal expression through his word, the law is fulfilled and man receives what God has so richly provided for him. We need to realize the omnipresence of the mind that is superior to this outer mind. We sometimes get mixed up with the Midianites and feel that life is all strife and contention and self-justification. We must get away from all this. We must know that there is within us a power, the power of the Word, the Christ of God. This spiritual man (the Christ) in Jesus proclaimed, "The words that I have spoken unto you are spirit, and are life."

"DECK THYSELF NOW WITH EXCELLENCY AND DIGNITY"

The "inferiority complex" is one of the besetting sins of mortality. Gideon had it. When Jehovah first called him, he wailed, "Oh, Lord, wherewith shall I save Israel? behold, my family is the poorest in Manasseh, and I am the least in my father's house. And Jehovah said unto him, Surely I will be with thee, and thou shalt smite the Midianites as one man." But before he gained the victory Gideon had to shout with his faithful three hundred, "For Jehovah and for Gideon."

We do not give power enough to our words. Remember that the etheric world all about us is man's world. Every word man utters energizes the ether with a creative impulse that in due season brings forth the image and likeness of that word.

The formative power of man's thought and word is governed by his faith in God and in himself and the vehemence with which he thinks and speaks.

Jesus expected great things of His followers be-

Every creature of God is good.—PAUL

cause He knew what is in man. He knew that man has opened the heavens of spiritual power, as stated in Genesis 3:22: "Behold, the man is become as one of us." Jesus recognized this when He said, "Is it not written in your law, I said, Ye are gods?"

As Jesus expected great things of His men, so Jehovah expects great things of us. We must not depreciate ourselves. Job at first had the inferiority complex. When Jehovah told him to stand up, he whined, "Behold, I am of small account; what shall I answer thee? . . .

Then Jehovah answered Job out of the whirlwind, and said,

Gird up thy loins now like a man:
I will demand of thee, and declare thou unto me. . . .
Deck thyself now with excellency and dignity;
And array thyself with honor and majesty."

Isaiah wrote, "Woe unto them that decree unrighteous decrees." Our woes can be traced right back to some unrighteous decree. We have decreed a thousand things that we did not want to come to pass, but which have come to pass, and we are suffering the woeful consequences. Our woes are many because of our ignorance of our royal descent and the creative power vested in what we think and say.

Our body, even, is weak or strong according to what we have decreed. If we have said, "My stomach is

weak," the obedient life and substance has formed that kind of stomach for us. If we have declared strength and vigor for our stomach, that organ will at once begin to carry out our decree. The centurion said to Jesus, "Only say the word, and my servant shall be healed." So every organ and member of the body responds to our decree, just as the centurion's servant responded to the word sent by Jesus and was healed.

The vitamins of food are not to be wholly ignored, but the vitamins in thought are a thousand times more life-giving.

Let us remember that spiritual man is the anointed son of God, and is named Christ, and that we must speak the words that correspond to our God-given authority.

We are told in Job, again, that if we recognize Jehovah, He will be our treasure—"precious silver unto thee." Although a period of depression took everything that Job had, even to his sons and daughters, Job was not defeated. He claimed his own and it was restored to him.

"Hear, I beseech thee, and I will speak;
I will demand of thee, and declare thou unto me. . . .
And Jehovah gave Job twice as much as he had before."

The great lesson for us today and every day is that we need to lift up our voice against these onslaughts of the Midianites, the error thoughts. In the name of Jehovah (not in the name of Baal—some sense idea of God), in the name of the almighty Spirit of the omnipresent infinite Mind, we need to speak words of victory. Speak in the name of that "sword" of Jehovah and Gideon which mows down everything that is adverse to man's prosperity, health, and happiness.

Will power does not change men; time does not change men; Christ does. Therefore "let that mind be in you which was also in Christ Jesus."

—HENRY DRUMMOND

The Christ of the Cosmic Path

By HELEN WOOD

The law of Christhood is unceasing progression, onward and up, through thinking the thoughts of God after Him

A thought out of God-Mind, an atom out of God substance, the soul remains forever sustained in universal harmony

It is Truth that furnishes the key to the universe; leads to the soul's sanctuary where the still small voice whispers always of reaching up into Fathership through Christhood

THE ALMIGHTY CREATOR of cosmos and atom out of infinite wisdom chose you and me to express His highest thought of Himself on this plane of life. This is the most exalted viewpoint we can take of ourselves, and evolution proves the outworking of our highest vision. The book of the soul, consulted, adds its confirmation; and when we reach out into the rich lore of the past, we are reminded of an esoteric birth of godhood, which is exoterically brought forth in a divine image more precious than all the world's gems and which forms the nucleus or essence of man. A seed rooted in the absolute, unfolding down a path arising out of timeless time yet leading into things earthly and temporal, is man. As God's chosen instrument he may by descending into a material element be free to express his Father's attributes and qualities in individual ways; free, however, with the understanding that he return to Oneness not only his original gifts, but an increase wrought by soul forces generated in and nourished by earthly experience.

Thus the scheme of universal man.

Eons of contact with infinite love have passed since that first cosmic birthday. Yet their passing still leaves some who, heedless of the soul's divination, prefer to take the naïve view of God's offspring as having been tossed idly off into space to light by chance upon this plane, where he has the privilege of proving his ability to transcend his experiences after great tribulation. All this at the hands of a loving Father. To cap the climax, they then concede this creature's return, shop-worn and weary, unrewarded, to his original estate or, at best, promoted to the estate of twanging a harp.

From their outlook in the background of evolution they are right. But the kindly Father of the thinking man who marches in the vanguard of Truth is not one who permits any least part of the bloom of divinity to rub off in a descent out of Oneness. Conscious that it is by thing completing thing, link by link, level by level, that the harmonious whole of the universe is maintained, the thinking man, sure of its existence, senses and seeks for a gradient of gentle descent and safe return. He finds it, a veritable bridge between heaven and earth, between godhood and manhood, in the unbreakable tie of Christhood. More; he discovers it safeguarded by his own inner identity, an integral part of his highest nature, powerful to understand at once his own manhood and his own sonship.

He finds his soul.

HAS MAN EVER PLOTTED a plan so generous, painted a picture so merciful, conceived of vistas so far-reaching? No; nor ever will, except as he functions in God consciousness. For it is Truth that furnishes the key to the universe; leads to the soul's sanctuary where the still small voice whispers always of reaching up into Fathership through Christhood. Always a soul murmur, soft as the song of a brook, urges man to make his dreams come true. His own illumined purpose unseals his powers in their full glory; and lo, with no outer change Christ consciousness is born.

Placed as a link between lesser worlds of unreasoning atomic life and the higher hierarchies of spiritualized thought, humanity always has been, always will be, one with its higher potentialities. Its Christhood perceives levels beyond the rarest of mortal dreams, attainable through soul powers activated in faith. The Father can stretch forth His hand in effortless peace and touch the farthest reaches of worlds and then reach on to where worlds begin again. So may the God-conscious being. It is his duty to the universe to aspire to nothing less, since he has been consecrated by his Father as the first of all His agencies and since God-Mind, descending directly into diversity, might otherwise dissipate its absolute identity to no purpose.

PROOF OF THE COSMIC CHRIST'S miraculous nature lies in its survival of abuse, its outliving of ages of perversion. Consistently overlooking it in the man Jesus interpreted as a bloodless plaster-of-Paris saint or (worse) as frozen in the dreary ice of principle, we begin, with a first faint sensing of the individual's part in the cosmic drama, to accept God's priceless gift of sonship and to dedicate all that life means to its universal purposes. With the recognition of the spark of divinity around which man has his being comes the possession of the Christ faculties; with the realization of their presence these faculties are transmuted into usable form and force. Grateful for a chance to come into expression, eager to obey man's commands, they emanate freely from him, touching into life all their wondrous counterparts wherever they lie hidden in thing, in circumstance and condition throughout that vast region beyond the body vaguely termed "the outer." Thus the aspiring one builds about himself his own temple to the living God, expressing the absolute in living, breathing terms of radiant substance. And more. Activated always by the Holy Ghost (breath of the Almighty, substance of the Son), his Christed thoughts reach out to command all wisdom as they climb.

WISDOM INFINITE in its scope. The Father knows every drop of the ocean intimately and one by one, without counting. So does His son, your own Christ self, guardian of the pearls of omniscience. He can juggle the stars in their courses, and not one fails to find again its rightful place. So may we at the crest of Christhood. A thought out of God-Mind, an atom out of God substance, like those same drops of the sea, those same stars, the soul remains forever sustained in universal harmony. For the Christ in expression is law and order, as in rest it is peace. Following, man's soul is lifted with it, step by step, up to the level of God-Mind where man touches the power by which he transcends the stars themselves. And man commands his universe. It could not be otherwise. For the law of Christhood is unceasing progression, onward and up, through thinking the thoughts of God after Him; until God thought and the Christed consciousness finally merge in Oneness, and Fathership is attained.

Only when looking upon life from such a high watch can we truly say of Christ activity, "I know."

In accepting Christhood, man opens a thousand channels of receptivity, infinite channels for expressing God's talents received. To one who can look into the mirror of eternity and see reflected there the divine image (his own Christhood), the universe comes bearing all the gifts belonging to the son. Faithful beholding of that image unseals an inner sanctuary where burns our Father's perpetual flame of life. Unbroken believing discovers in it the focal point of God's unending stream of love and wealth.

UNTO THE SON, child of light, was given an illumined soul, whose brilliance might light man's path below. Its rays go forth to shed their healing first along the path of personal fulfillment; and having raised the personal to higher levels, they turn to light the individual path where man functions as but "little lower than the angels," until incarnation after incar-

nation at length completes his earth-bound way and the illumination of the rays secures his return home. The Christ-conscious man, like the evolved Jesus, becomes his own light, his own Truth, his own way, finding in sonship a dual potentiality—life on earth and life in the great beyond; life protected from the break called death.

Concerning the nativity of Jesus, the question often arises, "If God knows nothing of error, how could He perceive the world's need of a savior and call Him forth to resurrect Christhood?" This question implies a limited conception of God, the absolute that is capable of infinite diversity. It was the cosmic Christ principle functioning in omniscient Oneness that perceived man's desire to be free of his error-ridden little kingdom of nothings set up to oppose universal law. Becoming activated in living terms, this principle came forth in concrete form. Jesus could not fail to appear at the psychological moment. For the law is exact, whatever its province of expression. In walking the path of life to make godhood real and personal, He lifted forever the veil between man and the throne of grace. He did His work so well that the Christ principle activated within our cosmic ancestors almost two thousand years ago still responds to very slight spiritual stimulus.

RICHES UNDREAMED OF lie buried in the few words remaining from Jesus' lips; and in such mysteries as the veiling of those precious years of His unfoldment into mastership (the period from twelve to thirty) we sense only a hint of vast esoteric purposes. But the soul finds in the concealment of Jesus' path to Christhood at least an impulse to unfold its hidden doctrine in the higher initiate's way. Thus genius is not limited in its variant expression nor future masters diverted from new paths. An Edison who aspired to the career of a Florence Nightengale or a Buddha who missed the service peculiar to his individuality would only shut off from those in the background the light

that they were born to shed "in his name."

Mercifully, unto each is left his own interpretation of Christhood in order that outer response to its awakening may accord with the highest individual ideals. Some like to think of Him as the I AM, others as the divine ego on higher planes, while many prefer just the gentle Savior. Paul said of the regenerate Jesus, "We have not a high priest that cannot be touched with the feeling of our infirmities; but one that hath been in all points tempted like as *we are, yet* without sin." All things to all men, no matter what the heights are that we aspire to, He always stands at the pinnacle ready to lead on. A realization of His blessed presence always carries power to harmonize and to heal with the touch of divine compassion. Sense with Christ even a little of the Father's love for His Son, how generously the Father remembers His parenthood, and the pulse of an uplifting force almost physical gives wings to thought.

FOR CHRISTHOOD AND ACTIVITY are synonymous. Offspring of God's perfect function, man's is a confidently soaring soul, commanding things earthly, fulfilling the divine. Infolded within the human consciousness like a rosebud awaiting full bloom through the caressing sun, the godhood lies hidden in the Christ. It is plant; it is bud; it is seed. It even precedes the thought of seed. Forever established within, as man's consciousness unfolds to mastership it changes only to meet his ever-higher needs. Thought expands to understand its principles; goes forth to use them. Attainment of the faculties of the Christ is meaningless except as they work themselves out into form and circumstance and thing, into positive qualities and conditions. Such function is as necessary to cosmic man's ongoing as is breathing. The gift of the divine image must be completed in the perfect pattern that faithfully reproduces the Father, if we are to pay our debt to our spiritual ancestry. The Oriental aptly puts it thus: "God finds Himself in form."

It should not be difficult, then, for the Christ-conscious individual almost literally to see and feel his own Christhood, placed between the absolute and the world, taking the step that makes the unseen blossom into visibility.

Seeing, feeling, communing with universal Christhood in absolute knowing, under such influences the reflexes of the lesser self give way to broader understanding. He who looks upon himself as a personal, limited entity raised by evolution from a four-footed beast to a two-footed superanimal only half lives. Man is not personal. A cosmic mediator born to individualize absolute desires, fully capable of registering Being in all its aspects, his awakened spiritual consciousness extends the light-finger of Christhood forth into the universe until the carbon-copy personality (the dead in Christ) and all that belongs to it give way to the higher attainments of individuality, including the typical and more. He who has the courage to walk in the way that is peculiar to him of all God's children, however diverse, has gone far towards Fathership.

UNFOLDMENT CARRIES the spiritual aspirant unfailingly over such stumblingblocks as that met by a certain young woman who was eager to reach the heights of mastership. Thinking she could proceed without a full realization of Christhood and chafing at its seeming intervention, she persistently overlooked Son for Father—until the law took a hand. Through "dis-ease" she learned that God lives His life through us in the Christ as surely as blood from a divine source pours through our veins. She learned to respect all divinity straight down the path from God to the lowliest atom and up unto Him again. No scientist has ever proved the origin of life except in Him; no mortal has ever lived life except in Christ. When she could feel the Christ Spirit emanating through her in terms of healthy cells, when she could sense the establishment of law and order as all the atoms of her universe came under the direction of the one Mind through her

Christed thought, a presence almost physical walked beside her. And she knew with a deep and sacred inward knowing that in their divine partnership both she and her Christ companion received their daily bread of inspiration. Then came the higher unfoldment that "dis-ease" was telling her needed expression.

OTHERS AMBITIOUS to complete their initiation into celestial realms have hoped to ascend directly unto the Father. One famous lecturer laments the many shrines to Vishnu (second aspect of the Logos, Christ) throughout the Orient, and the rare recognition of Brahma (first aspect, God the absolute), drawing a parallel in the great emphasis placed by Christian orthodoxy on the Son rather than the Father. He fails to see the safety in that. The great white light of the throne of grace would blind man's sense-bound vision if it were not for a veil between, and few are ready to rend that veil. The instrument would break if taxed with too much power, flooded with too much light; and infinite mercy tempers its forces through the mediation of Christhood until the soul is strengthened to receive its full glory. Jesus the Christ had so identified Himself with Oneness that His faculties were perfectly attuned to the celestial rays; but on His disciples He could not pour out the fullness of His vision. They could not bear it.

Whatever thoughts of separation may break the divine unity of the individual universe (whether of Father from Son, soul from body, or body from external affairs), freedom from their consequences follows when we consign them to Christhood's transmuting powers. Concentration on a spiritual body and world evolves a fit instrument for Christ manifestation on the plane of Fathership, an instrument with power of ascension.

THROUGHOUT ALL TRANSMUTATION and ascension there is a gentle blending of Christ consciousness with godhood, an intermingling in ever-higher progres-

sion until all parts of body and world are quickened to absolute intelligence. The living son, recreated in man, is he through whom omnipotent life itself lives, through whom infinite wisdom thinks, through whom boundless love pours, drawing all unto himself. Perfectly attuned to Oneness, the son senses his next step ere the

As the Father hath life in himself, even so gave he to the Son also to have life in himself.—JESUS CHRIST

last is complete and divinely speaks it forth in rhythmic progression, releasing his path before him as he goes. For the Christ does not appear unto man, in consciousness or in manifestation, before the path of eternal unfoldment is set in order. Those of the East who say, "When the pupil is ready, the master appears," might well add, "along with a universe unfolded." With the cosmic Christ setting an ever-swifter pace on ever-higher levels, man finds a shortcut to the throne, rather than a detour.

The many who hopelessly ask today, "What is life all about, anyway?" find no answer until they know sonship. But Christed after living a twilight existence, one with the drabness of the cocoon, they emerge into the sunshine of a butterfly life. Coexpressing Principle with the eternal Christ, working out spiritualized consciousness into life, the veil before the throne becomes ever more sheer while yet they walk the path of this earth; until one day it dissolves and they stand with their Elder Brother transfigured in the light that they could not bear before. On that day the initiate's work on this plane is finished.

WRITERS OF ANTIQUITY, with their keener sense of the poetry of life, liked to compare that glorious ascent from recognition of the indwelling Christ to evolvement of self-conscious Godhood and final Fathership, to the unfolding of the thousand-petaled lotus.

In just such a flowering way does the Christ entity unfold heaven into earth. Potential with beauties too rare for dreams, eloquent of onreaching through eternal contacts to heights unthinkable, to a paradise of blossoming desires into which no faintest hint of unsatisfaction may creep, the realm of the Fathership is that of omnipotent joy. There is no labor, no strife in the soul's unfolded garden. For it shelters the highest miracle of Oneness known to this plane: rebirth of itself upon earth through the human soul. When God-Mind, taking to thought, lays itself on the altar of a soul and surrounds itself with the garment of a body, it does so in order that it may in the same moment begin its ascent into the absolute, an ascent so peaceful that only by suddenly seeing with God-conscious vision can human thought know that it has reached into Fathership, and that God thought, soul, and body have together enriched the absolute with Christ activity, fulfilling their part in the extension of unending diversity.

"What I Believe"

"Because I honestly believe with all my heart in these few things, there is nothing that can daunt me for more than an instant." Would that the whole world could echo this statement in the same faith with which an ordinary woman makes it in "What I Believe."

This fine article carries a special appeal to those who are unacquainted with Truth. No doubt you know some one who would welcome its sincere and friendly message. Will you help a friend by marking your copy of May UNITY and giving it to him?

If you wish to keep your copy, just send us your friend's name, and we will forward copies as you request. We thank you in the name of our Lord for your coöperation.

Walk in the Day

By MARY ELIZABETH TURNER

Jesus answered, Are there not twelve hours in the day? If a man walk in the day, he stumbleth not, because he seeth the light of this world. But if a man walk in the night, he stumbleth, because the light is not in him

WE CAN LIFT these two verses from their context and study them as an independent teaching. Jesus speaks of light, the light that "shineth in the darkness." "In him was life; and the life was the light of men." Light dispels darkness and leads men toward the goal of their high calling. That the search for light has been a primal urge is irrefutable. It arises from what Emerson calls the "urge of the incessant soul," a spiritual urge that forever stimulates man toward development. Even his seeming failures have been of inestimable worth, for from the experience gained from them, other men have taken up the torch to light the dark corners of human existence. This must be so; because the soul is never satisfied with anything less than its complete "atonement" or at-oneness with the Oversoul or Spirit from which it sprang. Thus the urge is continuous, ever demanding that man put forth new effort in order to have increased light. In all ages and in all climes we see this, and we recognize that man's desire to better himself physically, mentally, and spiritually is the desire of his soul to express more of its own radiance. In this innate desire for betterment lies the sharp line of demarcation between man and the animals. A dog seeks refuge from the storm in a shelter that nature or man has provided, but man, even in the primitive stage, conceived the idea that it was his duty to build his own

shelter for protection. Thus a crude home came into existence, a definite place to which man could retire and be protected not only from the elements but from his enemies. To better himself physically was his first consideration, and through ages of labor he discovered that he could make himself safe against the elements, rain, snow, storms, the heat of the sun. He has never completely worked out his defense against human enemies and will not until he learns that he is one with all humanity.

So man was groping for light even in prehistoric times. To protect himself physically, he had to learn more. As he learned more of what was necessary to his physical well-being, he reached forward and discovered that he had a brain and that this brain was capable of development along other lines than mere physical comfort. Thus the innate intelligence that was already there began to come into expression. He found out that there was more to life than food, drink, and safety. He had a mind that needed mental food just as his body needed physical food. Through æons of time, man has slowly but steadily developed a brain, always striving for more light so that he might know better how to fulfill whatever destiny was his on this earth plane. Several centuries before the coming of Christ, we read of Euclid working with the laws governing mathematics, of the aristocratic Plato teaching in the streets of Athens, of Julius Cæsar crossing the Rubicon and laying the foundation of the Roman Empire. Then we read of the efforts of Copernicus and Galileo to find out about the stars and the relation of the earth to them; of Columbus, with only an idea in which he had implicit faith, starting out on a journey to prove that the earth is round; of Beethoven hearing the music of his soul and transcribing it into notes.

IN EVERY LINE, we find these earnest seekers after truth in their own particular sphere giving their time

and intelligence to promulgating the ideas that came to them. Where did they get these ideas? From the all-knowing Mind with which these seekers had made an instant's contact.

While these advanced thinkers were attempting to penetrate the veil that from mortal eyes hid nature's marvelous secrets on the physical, mental, and ethical planes, another group, from time immemorial, had been delving into spiritual realms. Confucius, Zoroaster, Lao-tse, Buddha, Moses, and the Old Testament prophets gave the world great spiritual truths. They realized that there is something beyond and above what we see of man, a reality that is the actual cause of his existence. They talked of the soul instead of the body and the mind, for to them the soul was all-important. Finally, in answer to the great spiritual need of mankind for more light, Jesus came with His transcendent message, a message so simple, so direct, but withal so pregnant with Truth, that it has given to man a light by which he might live.

IN THREE SHORT SENTENCES He tells us of the light. "Are there not twelve hours in the day?" is His significant question. In other words, has not man plenty of opportunity to discover the light? This light is not limited to a select few in a certain place but is as universal as the physical light that comes from the sun. It is the inner light, the light of spiritual understanding, the light that is available to every man as he seeks to bring it forth. As long as he keeps his back toward it, it does not shine for him, but the moment he turns within, the moment he sees himself as a son of the Most High, he perceives its splendor. "If a man walk in the day, he stumbleth not." That is, if he walks in the light of spiritual understanding, he does not fall over the stumblingblock of the sense consciousness. He knows that in Spirit there is no limitation, for he beholds the perfection behind and above each manifestation.

Jesus did not see physical imperfection in the people He healed. He saw beyond the imperfect to the perfect. He did not see lack when a small supply of loaves and fishes was brought to Him with which to feed a multitude. He recognized abundance and it came forth. He "walked in the day," in the light of His own Christ consciousness.

"BUT IF A MAN walk in the night, he stumbleth, because the light is not in him." "Night" here means ignorance, not mental ignorance, but spiritual ignorance. No matter how much any one has progressed on the intellectual plane, he is ignorant until he takes cognizance of something higher than his physical and mental self. A child at first wants only creature comforts, but soon there arises an emotional need and he requires amusement. In maturity, man feels another urge, an urge that he is often at a loss to explain and that he consequently tries to satisfy with material things, but always without complete success. In reality, he is seeking that spiritual light which is essential to his soul growth. Until he recognizes this and takes definite step toward seeing this light, he remains in darkness, and as he walks in the night, "he stumbleth."

"Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God." When he attempts to live by bread alone, when he tries to confine his hope of happiness to the things of the external, he does not see the light which shines from his own spiritual nature, and darkness envelops him. He cannot rely on the conscious intellect to guide him; for that in itself is faulty and is nothing as compared with the infinite wisdom of the Father. Paul tells us that "the foolishness of God is wiser than men."

SPIRITUAL UNDERSTANDING is the fine line that separates the real from the unreal, and it is the line that we must pass in consciousness before we can become children of light. We pass this line when, through

earnest and affirmative prayer, the intuition is quickened and we see "from within" rather than "from without." We are guided by intuition and inspiration instead of human reason, the former being faculties of the soul or higher consciousness that disclose the mysteries of the heavenly kingdom. This is true soul illumination, and it reveals itself by increased power in the individual, greater tolerance, more perfect faith, and an abiding love for humanity.

"Not by might, nor by power, but by my Spirit, saith Jehovah of hosts." Not all the might or power of our greatest financiers or most influential statesmen can heal a child who is sick unto death or comfort a person in deep sorrow, but one with an illumined consciousness can raise that child from his bed and give to a sorrowing individual a light so bright that it dissolves his grief. Why? because the person who is aware of the Christ within, who is conscious that he is one with the source of all wisdom, is not limited in his power to speak the word of Truth to heal or to comfort. The light has come to him because he has sought it, because, to him, it was the one vital thing in life, because he has known that as long as we walk in the darkness of the sense consciousness our stumbling is inevitable. His is an upward vision that leads at length to spiritual understanding, to the light that never fails.

To you and to me the path to light is open now. No matter how poor, how sick, how inharmonious we are from the standpoint of the world's opinion, the light that is opulence, health, and harmony can express itself through us, and it will express itself to the extent that we turn our eyes toward it. "If any man walk in the day, he stumbleth not, because he seeth the light of this world"—that light which comes from within and reveals to us the presence of the Christ.

Serve in newness of the spirit.—PAUL

The Power of Words

By ELEANOR HUNTER

Actually, the great machine of business is an invisible one the wheels and gears of which are words

No matter how black the present situation may be or how obvious it is that its correction must occur in the future, do not use the future tense in your affirmations

Use colorful, defining words. Be generous and full-hearted in your recognition of goodness and loveliness and abundance wherever you see them in life

ONE OF THE MOST POWERFUL forces in the use of Truth in our daily life lies in our selection and use of words.

Many people accept this fact without questioning and proceed to use affirmations with conviction. But perhaps there are others who cannot accept anything without asking why and who therefore think affirmations are a mild form of magic not worthy of the high principles laid down in this study. I myself am of that class and for years, when I did use affirmations, I used them weakly as if I were submitting to something that might be right and that, if it was, I didn't want to miss. But I couldn't see why.

Therefore I think that the light that has come to me gradually on this subject might be helpful to others.

If we take a look at the effect of words as we know it unmistakably in ordinary living, we may get some conception of the power they have in enabling us to manifest materially the substance of the Infinite.

We must realize that words have a formative power.

Let us see how this proves true in ordinary life.

You have frequently seen a person, perhaps in an important business conference, grope toward the solution of a situation and say, "Now, let me think out

loud a minute." Because his own thoughts on the subject are nebulous, he wants to crystallize them in words. And this "thinking out loud," using the power of words, does crystallize and define a solution to the situation.

Or perhaps it is a question of building a house. You first decide that you want to build a house. But what is it that brings that house into a particular shape and form and size? Words. Discussion, consideration, comparison of one house with another, or one part of one house and another part of a different one. Gradually, out of many words is born a clear-cut idea of the kind of house you want. You ask the architect to draw the plans. You give him more or less detailed instructions as to what you want—words that help to bring out of the invisible a visible, material house. The architect draws his plans, and then he writes at great length his specifications. He has to use words to convey his intentions. The builder constantly imparts his wishes and orders to his workmen by these crystallizing instruments, words. And finally you have your house. Have you realized how big a part in its creation the use of words played? Your idea of a house could never have been crystallized in material form, no matter how much your money or how great your power or opportunity, if it had not been for the power of words.

TAKE THE MATTER of the development of knowledge. Surely civilization is advanced today greatly beyond what it was a thousand years ago, even a hundred years ago, not only in culture and in ethical knowledge, but in the vast uncovering of the mysteries of science. Can you conceive how such a condition could have been achieved without the power of words? It was words that helped to crystallize this knowledge in the first place, and it is by means of words that this knowledge is disseminated and may be used in daily living by millions of people.

Most of the world's big business transactions are

negotiated entirely with words. The plans have to be drawn, negotiations conducted, the terms of contract settled before a wheel in a factory can turn. Actually, the great machine of business is an invisible one the wheels and gears of which are words.

Our realizing the truth of these things should make it clear that words are a very definite, powerful force. I would not say they are creative in the truest sense. All creation is by Spirit, which precedes even words. But they are formative. They crystallize and give shape to the creative powers of the Spirit and by their defining, crystallizing power are constantly evolving out of apparent nothingness (invisible, but actual, substance) the fabric of life.

Because we have always found words as easy as breathing, we have never given them sufficient consideration to realize quite how vital they are; but the foregoing examples should give some idea of that.

Now, if it is clear that words have such power in the development of life in a material way, is it not reasonable to recognize the power they may have in both a mental and spiritual way?

Let us take their mental effect first.

HAVE YOU NOT many times had the following experience: You were depressed, "blue," and you turned on the radio. A rollicking, gay song was coming over it, and before you knew it your whole state of mind had lightened and you found yourself singing. Have you not been sunk in the depths of despair, and after meeting a joyful, optimistic friend by the time you left him found the whole world of a different color? Have you not been tired and discouraged, and after spending an evening seeing a wholesome, happy movie or reading a good book found your mental attitude changed to fit the atmosphere it portrayed?

Has not your very heart sung for joy when your work was praised by some one whose opinion you respected? And have you not also been thrown into a misery of unhappiness by cruel, unkind words?

What did it? Nothing but words!

Words bring to your consciousness a more or less definite picture that was not there the minute before. The word brought it there. Consider these words. Take them slowly one at a time, roll them on your tongue, let them sink in.

Ocean	Baby
Trees	Dancing

They are not just a combination of letters. They are carriers of certain definite images to the mind.

Now consider in the same thoughtful way the words

Peace	Loathing
Joy	Bickering

They even make a difference in your facial expression. The feelings that these words call up is some evidence of the tremendous power they possess. And when you think of the weight of feeling that you generally put behind what you say, particularly if what you are saying is said in crossness or anger, you can realize how much effect words are having on your life.

WORDS CRYSTALLIZE MEANINGS. They give form to nebulous ideas. And it is this giving form to ideas that determines your life, for it is the ideas you hold in consciousness that become manifest in your daily experience.

Hence the tremendous importance of exerting discrimination in the selection of the words of your heart and lips. To you words may seem the most casual and ineffectual thing you may be responsible for. Actually they are the shaping power that is working all the time in its quiet way to form the pictures that crowd your consciousness.

That is why you should watch all your words—not just the ones you are using in doing your metaphysical work. That is why you cannot afford at any time to make statements of ill health; they crystallize the picture in your consciousness. You cannot afford to complain or whine. Words so spoken aggravate the situation that you complain of in your own consciousness.

You cannot afford to make derogatory statements about other people. Such statements affirm an untruth in your consciousness that cannot help but manifest itself in discord. You cannot afford to make detailed explanations of your state of financial lack and go over and over them in your mind. Your words will vividly etch upon your consciousness a conviction of lack that will be irresistibly manifested in your life.

THAT IS WHY we have affirmations. When we use affirmations, we are consciously utilizing the constructive, building power of words. We are not speaking words casually; we are doing it expressly for the purpose of crystallizing and manifesting the condition we are affirming. That attitude gives added power to the words we use; which fact gives us a stronger conviction that our affirmations will be effective. And that conviction gives us more faith, and faith is the impetus that hastens the work of words.

Further, in recognizing that the power of words is a shaping power, it is reasonable to select the most definite, forceful, and active words we can command.

"I am radiantly joyful."

"I abound in glorious health."

"Divine order commands and governs my life."

"This day my life is overflowing with abundance."

Use colorful, defining words. Be generous and full-hearted in your recognition of goodness and loveliness and abundance wherever you see them in life. Open the constricted reticences of your heart and give unstinted credit and praise and appreciation. Tell your child he is a good boy or girl. Tell your husband or your wife of your love. And do it with a full whole heart. It opens you to permit the infinite flood of these qualities to flow through your life gloriously.

Be firm and positive, knowing that your words have power.

"I am a success."

There is no equivocation about that, no limitation, no thrusting of it into the future.

THAT BRINGS UP my pet admonition to students of Truth. No matter how black the present situation may be or how obvious it is that its correction must occur in the future, do not use the future tense in your affirmations. No matter how much it may seem that it must be true, do not say, "I will be well next week," or "Next month I'll be out of debt," or "I'll have a job soon."

You may think that that is affirming—and it is; but it is affirming a condition that will permanently

We thank Thee, dear heavenly Father, for this food. May it strengthen our bodies and help us to worship Thee in spirit and in Truth, for Christ's sake. Amen.—M. L. S.

keep your good in the future. Next week always remains in the future.

Right now all of your good is. If it does not exist this instant in Spirit, it can never exist. If it exists now in the invisible and you know the truth about your invisible divine substance, you can claim it as true and existing right now. And this present affirming of it is what manifests it in your life in "the now," instead of constantly postponing it to the future.

It is extremely important, in using affirmations, to realize that they are not a lever to move or change God. Nothing can do that. But it isn't necessary. God, every good thing, unbelievably infinite abundance of every good thing is already present, pressing about you, permeating your life, waiting for you to make use of it. Affirmations—good words generally—are only the instrument you have for crystallizing and bringing into material manifestation the invisible good so unceasingly present.

THE STATE OF YOUR CONSCIOUSNESS, whether it be filled with the sure knowledge of your inseparable good or with the mistakes you make by not knowing the presence of this good, is what determines the form

of your life. Affirmations, by the shaping power of words, help to fill your consciousness with a recognition of the presence of every good thing you can desire.

Therefore watch your words not only when making affirmations, but in your general conversation, to see that they are positive words affirming the truth about life: not positive words affirming evil negatives, nor negative words regarding good, but positive words about the positive things that are real, and the formative power of your words will draw out of the universal substance the good conditions you are affirming as surely as the words helped to crystallize one particular, specific kind of house.

To me this recognition of the effectiveness of words was convincing beyond doubt, and I realized that affirmations are not silly superstitious practices, but the logical, practical method of utilizing the divine principles of Truth.

God Bless This Automobile

This is God's car. God's hand is at its wheel. His wisdom chooses its ways, which are as the highway of the Spirit. Nothing can impede its progress, and it neither gives nor receives offense in all its journeyings. God's law of order and right adjustment is manifest in all its mechanism. God's love directs its errands. No fear alarms its occupants, for God's presence blesses them with the spirit of peace.

The driver of this car is an emissary of Spirit. God's wisdom inspires in him alertness, good judgment, and quick decision. God's patience gives him temperance and courtesy. God's love makes him swift in the service of Christ, and slow in response to destructive impulses. The Spirit of the Lord is upon him, and directs him in all his ways.

What, Where, and Who, IS GOD?

E. M. CHAPIN

God is the law of cause and effect. The law of cause and effect is God

God is the Spirit of perfection. The Spirit of perfection is God. God is love. Love is God

God is Spirit: and they that worship him must worship in spirit and truth

WHENEVER ONE BEGINS to ask about God, who and what He is, and the other questions that some of our ancestors have called us sinful for asking, we are told that "God is Spirit: and they that worship him must worship in spirit and truth." This answer has been heard and read so often that it has become largely a routine like that of the constant dropping of water.

But suppose that after being brought up to accept blindly that God is Spirit, that God is our Father, after accepting all this unquestioningly, perhaps even without thinking, there comes a time when we are compelled to think, when modern ideas, different from the old-fashioned ones in which we have been resting undisturbed, force themselves upon our attention. Suppose the bottom drops out of everything and for a time we fail to see this God whom we thought we knew, then what is this Spirit? Where is this Father? Does He exist? If so, why does He not make Himself known, why does He not interfere to right our affairs, to bring order out of chaos, happiness out of grief, relief from dismay? Is there a God? If there is a God, what is He, who is He, where is He?

The world about us—except where human beings

are concerned—is an orderly world. At a regular time in the twelvemonth the trees begin to put forth their tiny buds. These buds grow and grow and swell and burst into leaf or bloom or both. And always the same tree grows the same-shaped leaves, the same beautifully tinted and fragrant blossoms. The blossoms drop their petals and grow into fruit, always the same kind of fruit. The tiny wood flowers peep out of the ground, put forth their leaves and blossoms, always in the same colors, the same shape, the same number of parts.

The sun always rises in the east, makes its tour of the sky, and sets in the west. Why is not the order reversed now and then? The stars make their regular rounds, so regular that automatic maps may be made telling just when and where a given star will appear on a certain date. Why do they not sometimes get their dates mixed?

A falling body always observes a definite formula in its speed. Matter is never created or destroyed, it only changes form. The boiling point of pure water varies regularly with the altitude. The volume of a gas is definitely dependent upon temperature and pressure; it varies in a known regular order with these influences. Elements combine always in certain definite proportions. Why all these regularities? Why all this law and order? How does it happen? Why has it happened thus through all these centuries?

Nature, which has not the power of choice, is law-abiding. Man, having the power of choice, is not always law-abiding. He is erratic.

Is it possible that all this law and order has continued to exist through all these ages just by accident?

A haze on the far horizon,
The infinite, tender sky;
The ripe, rich tint of the cornfields,
And the wild geese sailing high—
And all over upland and lowland,
The charm of the goldenrod—
Some of us call it Autumn,
And others call it God.

GOD IS LAW AND ORDER. God is the power that keeps earth and her companions in their own paths. God it is that starts the bluet and the iris out of the ground in the springtime, that gives up the goldenrod in the autumn. God is the designer of costumes for the cardinal and the pewee, for the goldfinch and the quail. God is the force that draws all objects toward the center of our earth. It is God who decrees that the positive particle shall combine with the negative one, that water shall always have the same definite proportion of oxygen and hydrogen. God is law and order. Law and order is God.

God is the law of cause and effect. Just as surely as an acorn is planted, there grows an oak tree, not a pine. Just as surely as a rose bush is carefully nurtured, there grow roses, not thistles. Just as surely—to be trite—as I put my finger in the fire, my finger is burned. Just as surely as I abuse my physical machinery, just as surely does it break down in whole or in part, sooner or later. Just as surely as I refuse to think, I shall not know. Just as surely as I center all my interests inward, do my interests narrow into self and unhappiness. Just as surely as I give myself unstintedly to others, just as surely will gladness come back to me.

> "Life is the mirror of king and slave. . . .
> Then give to the world the best you have,
> And the best will come back to you."

Every cause has its result. Every result has its cause.

"We sow our thoughts, and we reap our actions; we sow our actions, and we reap our habits; we sow our habits, and we reap our characters; we sow our characters, and we reap our destiny." God is the law of cause and effect. The law of cause and effect is God. God is the Spirit of perfection.

THIS WORLD WAS MADE; then man was put into it to make of it the best world that he can. It is man's task to bring out of his environment the utmost of

which it is capable. Man brings out of the earth the iron, the gold, the silver, the jewels, and minerals for the sake of beauty, or commerce, or of his practical necessities. Man plants the seed and reaps the harvest. He has conquered the land, the sea, and the air. He has justified in a certain way the confidence reposed in him by the great power, the Creator. God is the Spirit that prompts man to attain a perfect measure of value in his use of the things around him. The Spirit of perfect attainment is God.

God is the Spirit of perfection in character. The person of fine character brings into the world in which he lives the greatest measure of happiness, of culture, of beauty and comfort, and of consideration for others. The perfect character has made the most of the talent within himself, of whatever sort that talent may be, whether a talent for music, or for art, or for bridge building, or for writing, or for preaching, or teaching, or tilling the soil, or whatever it may be. Having thus made the most of himself and of the talents at his disposal, such a character evokes the best in those with whom he associates. The perfect character seeks to discover the plan for his part in the great universe. He tries to fit himself into the great plan. He swims with the current, not against it. The perfect character allies himself with the Creator to make the most of the creature. The perfect character thus cannot be self-centered. He cannot be selfish. If what we term love is respect and consideration, appreciation and devotion to the interests of the object upon which the love is centered, then love is the fulfillment of the law, love is perfection, and the Spirit of perfection is love. Then God is the Spirit of perfection. The Spirit of perfection is God. God is love. Love is God.

Is God our Father? If by Father we mean the power that caused our existence, the power that surrounds us with the necessities of life, the power that cares for us and gives us what we need to build our own perfection, then God is our Father.

God is a personality, a personality of which we are definitely conscious at times, a friendly personality to whom we take the affairs we cannot manage alone, withal a personality that we can neither describe nor define adequately.

The commercial value of the substances that make up the human body is said to be about ninety-eight cents. The difference in value then between your life and ninety-eight cents is your personality. Describe it? Define it? I cannot. Yet I know within certain limits what you will do under given circumstances, what you will approve, what you will disapprove. I enjoy your presence or it is repulsive to me, depending on your personality and not on your commercial value. The you that I see is worth ninety-eight cents, the you that I know is worth—well, I cannot place a value upon your personality, I cannot describe your personality, I cannot define your personality. But your personality is the you that rises above ninety-eight cents.

God is a personality. I feel and know His presence though He is not in a form that corresponds to my ninety-eight-cent form or your ninety-eight-cent form. God is a personality, a personality that may or may not dominate my life, according as I recognize or ignore His presence within me.

God is the Spirit of law and order. God is the Spirit of perfect attainment, of perfect character. God is love. God is our Father. God is a real personality. The Spirit of law and order, the Spirit of perfect attainment and character, the Spirit of love, the great Father, that real personality whom, though "not having seen," I yet know—these are the Spirit of God.

"God is Spirit: and they that worship him must worship in spirit and truth."

Love one another; even as I have loved you.
—JESUS

Faith and Realization

By LIZZIE E. McGONIGLE

Through faith, we feel the assurance that God fulfills His promises

Any one who has experimented even a little with prayer knows that the statement "Prayer changes things" is true

God gave man a threefold gift: life to animate his physical being, intellect to enlighten his soul, and faith to exercise his spirit

BEING, THE PRE-EXISTENT CAUSE of all that is, we call God. God is, and man exists because he came forth from God. God is substance, energy, fulfillment, that is, life, intelligence, wisdom, judgment, love, peace, purity, prosperity. God is the creating power of all and He is the sustaining and continuing power of all. God the Father is all in all; God the Son is the creator and God the Holy Ghost or Holy Spirit is the continuing power, all contained and included in the preëxistent Being. Man recognizes God as the creator and the beginning of all; but how may he also recognize, realize, and portray God as that which sustains and continues all that is, including himself? The answer to this proposition is the great adventure of life itself. In what follows, we shall consider some of the principles and some of the methods.

Faith a Gift of God

"God is Spirit." And God said, "Let us make man in our image, after our likeness," and "Jehovah God formed man of the dust of the ground . . . and man became a living soul." God gave to man a threefold gift: life to animate his physical being, intellect to enlighten his soul, and faith to exercise his spirit.

Living Faith

Faith being the quality that exercises man's spirit is a living quality and was implanted in man in the beginning by God. Faith believes that God is both able and willing to do what He promises, it expects God to keep His covenants, and it also possesses an assurance of the fulfillment of every promise. God's promises are well-defined and established principles or laws that have always existed and will always be true. Faith is adhesive and adheres to divine law until victory is realized. An undeveloped or blind faith follows these laws ignorantly and haphazardly and with intermittent results. An understanding faith works with God's laws harmoniously and successfully. "I will pray with the spirit, and I will pray with the understanding also."

Intelligence

The seed of intelligence, the intellect, was instilled in man in the beginning. It is the light of the soul knowing itself, the spirit within, and the manifest body without by or through which all is built together in one living entity whose whole business is to express God in the visible world. The intellect, like faith and life, is weak in infancy but develops with exercise and careful training. Through the intellect man learns of God, by faith he takes hold of the invisible, and in his physical life he manifests the qualities and results of Spirit. Intellect is that power of mind by which man reasons, understands, or knows, by which he knows God, knows himself, and knows his surroundings.

God Life

Life is energy, animation. The human body is pervaded with an energy that permits it to move, to act, to propel itself. This activity that we know as life may be snuffed out or ended by man as far as the body is concerned, but in reality it cannot be created or destroyed by man. It is a gift of God. There are varying degrees of life, but only human life is considered here. Life, visible energy, is made up of in-

voluntary and voluntary activity. We are at this moment interested in the voluntary activity. Life is a tool of Spirit and is directed by mind or intellect, which is also a tool of Spirit. Life animates the human body. The body is the visible cloak of the life, intellect, and spirit. Spirit is the eternally continuing individual.

Development of Faith

All attributes and talents given to man are capable of development, and their powers may be increased. Man, an individual functioning on the earth plane, receives at birth certain innate qualities. These qualities may lie dormant, or they may be trained and developed into worth-while talents. Faith is an attribute given to man at birth, but it is frequently allowed to lie dormant, to go unused. When properly developed it exerts a powerful influence on the intellect and on life.

The power of thinking may be a weapon of defense and a tool of accomplishment in training and developing faith. Thinking is an activity of the mind and is either destructive or constructive; it tends either to tear down or to build up the individual. For so many centuries man has lived in ignorance of the strength and power of thinking that a destructive habit has been acquired by the larger part of the race. This habit, a barrier to desirable growth and pleasant living, may be destroyed by our rejecting and "cutting out" certain thoughts; this we call denial. New and good results may be effected by our employing positive, upbuilding thoughts; this we call affirmation. Denials and affirmations—must be held in the mind regularly at stated periods, and during these periods the mind is actively and consciously thinking over the real meaning of the words. And these ideas realized continuously are as an atmosphere created in consciousness by thinking.

Denials or Cleansing Thoughts

Denials are statements that deny the existence of

the adverse conditions in one's life. Denials dig out the weeds, as it were, cleanse the ground—that is, the consciousness—and prepare it for the sowing of new seed. The condition to be corrected may be related to one's affairs, one's health, or one's mental and spiritual welfare. Some good denials or erasive statements are: *"I deny that there is any power in sickness, pain, or poverty; for God is everywhere present as substance, health, and plenty." "There is no power in this appearance of pain. This appearance is dissolved by God's love."*

Affirmations or Building Thoughts

An affirmation is a statement setting forth the truth and the good that is desired. An affirmation is like the seed that is planted when the soil has been prepared. An affirmation of the opposite of the adverse condition that seems to be present should always follow a denial. A positive statement stirs up a sluggish mentality or a sluggish circulation of the blood, and when implanted in a consciousness cleansed by a denial, begins at once its restorative work. Affirmations such as the following are good builders:

"I am. I am life. I am Spirit. I am one with universal life." "God is love. God loves me and approves of what I do. I am God's child." "The Spirit of the Lord goes before me and makes easy and successful my way."

The following is a combination of denial and affirmation:

"There is no lack in my life, because God has prepared plenty for every one and plenty for me."

Dynamic Power of Faith

Faith makes old things new. Through faith we feel the assurance that God fulfills His promises, the conviction that God intends His good for us and that His good will become visible and usable. Desire is implanted in the human heart by infinite Spirit, and then faith takes the idea of desire and works with it in spiritual substance until the idea becomes real in

consciousness. So faith is a dynamic, a causal, force; it is a self-starter and needs only a chance to exercise itself and perhaps some intentional training in development to become a mighty power of accomplishment in the life of an individual. It is a means of contact between man and God.

Being a spiritual quality, faith needs a vehicle of expression to reach the physical man—the mortal consciousness, if you wish—and prayer is that medium of expression. Any one who has experimented even a little with prayer knows that the statement "Prayer changes things" is true. The quality of faith and the law of words giving form to substance makes prayer a great implement, a great vehicle, a great department of life. Prayer may be constructive or destructive; so the individual must decide and direct what his prayer shall be. To reap the good that God intends for us, we must follow Paul's injunction "I will pray with the spirit, and I will pray with the understanding also."

Realization and Consciousness

The terms realization and consciousness frequently appear to be used interchangeably. To me there seems to be a vital difference, though it may be slight. Realization is a mental act, that is, an act of the human mind. The dictionary says it means to comprehend completely, to bring home to one's own experience; and to comprehend is to seize or take up or lay hold of with the mind, and that is to make real by the use of the intellectual faculty, the mind. Now, consciousness is an inner awareness of a thing, a condition, that is, of the spirit. The dictionary helps us to understand this subject also, as it says consciousness is having the feeling or internal knowledge of something. Consciousness, then, is exercising the spirit within, the awareness being reported to the mind by the emotional or feeling nature; and we identify the mind action as being realization, the mental recognition of the consciousness within. Through the dynamic and adhesive

power of faith, we cultivate realization and consciousness until we are one with the one Presence.

Spiritual Understanding

In order to develop the conditions of realization and consciousness in our life, we must have an understanding of the laws of God, that is, a spiritual understanding. The laws of God are great underlying principles that have always been true and have never changed and will never change, for they are based on and built into God substance itself. Being spiritual they must be spiritually discerned. God is Spirit and man is God's son and therefore man is Spirit. God is eternal and His laws are eternal. The old prophet says that "the word [law] of our God shall stand forever." And Jesus said, "Heaven and earth shall pass away, but my words [law] shall not pass away."

"There is a spirit in man,
And the breath of the Almighty giveth them understanding."

How shall we attain this desirable gift of God called spiritual understanding? First do as Solomon did, ask God to give us an understanding heart to discern between good and evil. Then, by means of denial and affirmation let us cleanse the personal mind and consciousness of destructive conditions, and by willingly and gladly seeking to enter the very presence of God, let us realize that He is speaking to our consciousness. To gain this understanding we must listen to God. To keep this understanding, we must obey God. Through listening and obeying we come to the assurance that underneath are the everlasting arms.

The Secret Place of the Most High

"Thou shalt love the Lord thy God with all thy heart, and with all thy soul, and with all thy strength, and with all thy mind; and thy neighbor as thyself." Divine love working in us, through us, for us, and by us, leads us into that secret place, the holy of holies where God the Father ever awaits us; waits for us to come to Him for instruction, consolation, encourage-

ment, power to express His life and being and to learn the truth that

"He that dwelleth in the secret place of the Most High
Shall abide under the shadow of the Almighty."

Consecration is essential. If we are to know the joys and blessings of this "secret place of the Most High," we must dedicate our life, our thoughts to this supreme Spirit that ever moves over us, around us, and within us. When we have set our spiritual self apart for willing service and adoration in the temple of the Lord, then we shall see the results of our activity in thinking and realizing the truths in our training-and-development exercises of denials, affirmations, and sitting in the silence. When we have controlled and directed our thinking in the atmosphere of the pure, strong, peaceful power of the Christ Spirit in the midst of us, then our actions, being the result of our thoughts, shall be sacrifices of joy and praise.

Assurance will be forthcoming. God has not left us to live in a condition of uncertainty and blundering weakness. Through Jesus Christ He says: "Seek ye first his kingdom, and his righteousness; and all these things shall be added unto you." "Seek, and ye shall find." "Lo, I am with you always." These are promises of fulfillment, and when we have proved them in our own life, we shall be "praising my Savior all the day long." Praise and adoration in prayer also adds to our confidence and assurance, and it will break any crust and weight of unbelief or doubt that may assail us when clouds of difficulties seem to overcome us temporarily.

"It is a good thing to give thanks unto Jehovah,
And to sing praises unto thy name, O Most High."

Freedom

But I was born free, says Paul, and so may every child of God say. It is true. But in the ages of wandering through the wilderness—to liken their experience to that of the Children of Israel—God's children

have accumulated great burdens of sickness, poverty, and confusion of mind, and seem completely lost. Spiritual man is constantly trying to point the way back to the Father, but mortal man is fearful that he may not understand or that it may not all be true. Jesus came to point the way, and He says: "I am the way, and the truth, and the life: no one cometh unto the Father, but by me." "If therefore the Son shall make you free, ye shall be free indeed." It is this freedom that man is seeking, and seeking with heartsick longing.

When man has sought God whole-heartedly and found Truth, the principles and laws of life that God has laid down, then man will know the Way and live the life. Where shall man find these laws by which he shall walk? The Way-Shower said: "Ye search the scriptures, because ye think that in them ye have eternal life; and these are they which bear witness of me." "The scripture cannot be broken." The Bible is a great repository of these truths, many of them God has planted deep within the real nature of man, and many others are being constantly revealed through science and through revelation to those chosen ones who live in His presence.

Jesus was the Way-Shower. He pronounced many of the truths or laws in plain words, and He demonstrated the rules in His conduct, in His parables and miracles. He said, "Come ye after me, and I will make you fishers of men." That is, I will show you how to live, how to worship and honor the Father, and how to portray His will before mankind. This way that Jesus pointed out was the way of obedience, service, resurrection and ascension into heaven, newness of life, life redeemed, and complete unity with the Father. The Jesus Christ way is a way of peace, poise, joy, purity, assurance, love, wisdom, and plenty. It is the acknowledgment of God in all our ways and the consciousness of spiritual affinity with the Father Spirit.

The Christ Life

"Because I live, ye shall live also," because I go unto the Father, ye shall come also, and "In that day ye shall know that I am in my Father, and ye in me, and I in you." And because of this wonderful "three in one" life we shall do the works that He did, and even "greater *works* than these," He said. So we are promised a great freedom of life in the Father. Realizing this life, we shall live a victorious and joyous life, our spirit ever conscious of the presence of eternal life within us. In this consciousness, we may truthfully say of ourselves and of our friends, *"I see you as God sees you, courageous, alive with pure life, love, peace, and Truth."*

A Prayer for Today

Lord, give me a heart of love today
That I may fill some need,
That I may lead some one in Truth,
May do some kindly deed.

Lord, give me peace within my heart;
Give me Thy Truth and grace;
Let me so follow in Thy steps
That I Thy steps may trace.

Lord, give me light within my soul
To light the way to Thee;
Help me to be a shining light
To all humanity.

—Gertrude A. Terry

Practical Spirituality

By W. I. HOSCHOUER

Practical spirituality increases one's chances of success, whether in business or social or professional life

We must know that our spiritual equipment will function as advantageously in all the so-called secular affairs of life as it does in those which are purely and entirely religious

No one should ever seek to know and use the divine forces of Being and the spiritual potencies of consciousness primarily for personal advantage or for the sake of material gain

SPIRITUALITY IS GENERALLY understood to mean a somewhat ethereal and visionary propensity of mind, a looking away to a higher and better world and to a better day coming. That it does mean that, no one doubts; but it also has a very practical and helpful significance for life here and now. It is this phase of spirituality that is of especial interest to the practical Christian.

Since man in his innermost nature as a living soul is potentially spiritual, the realization of all that is highest and best for him will necessarily include the study and practice of the spiritual truths of Being. Intellectual understanding alone cannot touch and quicken those deeper forces of Being which operate subconsciously and which really determine the direction of one's life activity. Therefore a spiritual science of Being is necessary if a person is ever to master and consciously direct the hidden power within him in shaping a destiny according to his liking.

All will admit without argument that man can live by that truth only which is capable of meeting squarely the shocks of experience and conquering every circum-

stance to man's advantage. Such truth is the only foundation on which faith can rest, the only fulcrum on which the power necessary to overcoming can operate.

Does practical Christianity supply the aspiring soul with all the Truth elements and forces required for a progressive and satisfactory advance?

The history of Christianity shows that the true religion of Jesus Christ does generate a strength of

Jehovah thy God is in the midst of thee, a mighty one who will save; he will rejoice over thee with joy; he will rest in his love; he will joy over thee with singing.—ZEPHANIAH

character, a firmness of faith, and a power of will sufficient to enable one to face unflinchingly even death itself. Perhaps no greater or more convincing test than this could be thought of or proposed; yet for daily living at the highest level of satisfaction and efficiency we need to be fully assured that the spiritual character demanded by Jesus in His disciples will give us a power for success second to none, and that we shall be able to enter any field of useful and constructive effort and win, no matter what may be the apparent odds against us. In other words, we must know that our spiritual equipment will function as advantageously in all the so-called secular affairs of life as it does in those which are purely and entirely religious.

IS IT NOT TRUE that no one is more able to meet and conquer adversity than he whose life is clean, whose reputation is untarnished, and who merits and receives the good will of his neighbors? Also, is not the courage born of spiritual faith the very best guarantee of peace, security, and safety when all human efforts have utterly failed?

The Christ Truth purifies the heart, clarifies the mental faculties, and energizes the will—all vital suc-

cess factors in any one's life. He who is strongest in these elements of Truth consciousness will, other things being equal, have a decided advantage in any undertaking worth the effort. Let him be a shoer of horses, a tiller of the soil, a street sweeper, a preacher, or a statesman; Truth has no respect of persons and will add dignity to the humblest task or the most exalted occupation. Real philosophers are sometimes found in the ditch as well as in college cloister, and in each case the distinguishing element is a light that "never was, on sea or land," but that springs spontaneously from the inner I AM of the Spirit-anointed soul.

Spiritual culture, by uncovering and quickening the basic truth of God's image and likeness in man pays higher dividends than any amount of purely intellectual development. Knowing this, the wisest of the race have given careful attention to the study and practice of religious or spiritual Truth.

NO ONE THEREFORE need feel that being spiritual is anything but a very definite and businesslike matter. It begins with faith in Jesus Christ and in the Truth that He gave for human enlightenment and guidance—sufficient faith to put that Truth to the test of actual experience. Once you know that to yield the will to Christ is to be God-empowered in every faculty, once you have yielded and proved the fact, you have become spiritual and are ready to walk in the way of the overcomer or son of God. You have a remedy for every human ill and can remove the mental and physical handicaps that limit most persons' capacity for success. A headache cannot spoil the day for you, neither can disappointment unnerve you and bring on a spell of sickness, as it so often does in the case of those who do not understand the spiritual forces of life and how to use them in an emergency. In this simple way practical spirituality increases one's chances of success, whether in business or in social or professional life.

Furthermore, even so prosaic a thing as increase

of income and the multiplication of all those creature comforts which add zest and joy to the round of daily living are more certain through the use of spiritual forces than in any other way. The more moral, steady, and dependable a worker is the more valuable he is to his employer, and if he be tactful and earnest and skillful in using his advantages, he will find them turning into cash for him when he needs it most. Many have proved this in all walks of life. They have held firmly to the Christ Truth, refusing to compromise their honor in order to gain a personal advantage; and often, seemingly at the last moment, things have swung round in their favor to a surprising extent. But faith in such a possibility must be white-hot and unyielding to produce always the best results.

IT SHOULD BE NOTED, however, and kept always in the foreground of the mind that no one should ever seek to know and use the divine forces of Being and the spiritual potencies of consciousness primarily for personal advantage or for the sake of material gain. To do so would be to violate Christ's commandments and to outrage the truth of one's own being. Material and personal gains are to be some of the effects or fruits of living in and by Spirit, not the incentive to that effort. By first seeking and finding God's kingdom of Truth and by applying intelligently its creative principles, every door to any worthy success swings open, making clear your way. This is the message of practical spirituality for all who would follow Jesus Christ in spirit and in Truth and at the same time be among the leaders in art, science, or industry, or in any other supposedly nonreligious but indispensable human activity.

For the mountains may depart, and the hills be removed; but my lovingkindness shall not depart from thee, neither shall my covenant of peace be removed, saith Jehovah that hath mercy on thee.—ISAIAH

TRANSFIGURED

By BONNIE J. MCCLELLAND

When Moses came down from his talk
with God,
Came down from the mountain height,
It is written the Children of Israel
Beheld how his face shone bright,
Luminous with the mystic flame
Of a radiant inward Light.

When Jesus went up with the chosen
three,
Went up to the mountain height,
It is written His face did shine as the sun
And His garments were dazzling white;
For the presence of God was with Him
there,
Clothed in a cloud of light.

When Love has illumined the conscious-
ness,
A gleam of the light divine,
Oft lingers upon the countenance
An outward and visible sign
Of an inward radiance burning bright
Before an invisible shrine.

Sometimes I encounter a man whose face
With peace and joy shines bright,
And I know that he has communed with
God
Upon some mountain height;
That his feet have climbed to the summit
of Truth,
And his eyes have seen the Light!

SUNDAY LESSONS

These lessons point out the symbology of the Bible and interpret it according to the Unity teaching. Our interpretation may puzzle, possibly startle, a new student, but we believe that a thorough study of the Unity Sunday lessons will amply repay any student. Study with an open mind, and Truth itself will convince you. Our Bible text is taken from the American Standard Edition of the Revised Bible, copyright 1901 by Thomas Nelson & Sons, and is used by permission

LESSON 10, JUNE 3, 1934.

Unity Subject—*The Supreme Test.*

International Subject—*Jesus in the Shadow of the Cross.*—Matt. 26:31-46.

31. Then saith Jesus unto them, All ye shall be offended in me this night: for it is written, I will smite the shepherd, and the sheep of the flock shall be scattered abroad.

32. But after I am raised up, I will go before you into Galilee.

33. But Peter answered and said unto him, If all shall be offended in thee, I will never be offended.

34. Jesus said unto him, Verily I say unto thee, that this night, before the cock crow, thou shalt deny me thrice.

35. Peter saith unto him, Even if I must die with thee, *yet* will I not deny thee. Likewise also said all the disciples.

36. Then cometh Jesus with them unto a place called Gethsemane, and saith unto his disciples, Sit ye here, while I go yonder and pray.

37. And he took with him Peter and the two sons of Zebedee, and began to be sorrowful and sore troubled.

38. Then saith he unto them, My soul is exceeding sorrowful, even unto death: abide ye here, and watch with me.

39. And he went forward a little, and fell on his face, and prayed, saying, My Father, if it be possible, let this cup

pass away from me: nevertheless, not as I will, but as thou wilt.

40. And he cometh unto the disciples, and findeth them sleeping, and saith unto Peter, What, could ye not watch with me one hour?

41. Watch and pray, that ye enter not into temptation: the spirit indeed is willing, but the flesh is weak.

42. Again a second time he went away, and prayed, saying, My Father, if this cannot pass away, except I drink it, thy will be done.

43. And he came again and found them sleeping, for their eyes were heavy.

44. And he left them again, and went away, and prayed a third time, saying again the same words.

45. Then cometh he to the disciples, and saith unto them, Sleep on now, and take your rest: behold, the hour is at hand, and the Son of man is betrayed into the hands of sinners.

46. Arise, let us be going: behold, he is at hand that betrayeth me.

GOLDEN TEXT—*He went forward a little, and fell on his face, and prayed, saying, My Father, if it be possible, let this cup pass away from me: nevertheless, not as I will, but as thou wilt.*—Matt. 26:39.

SILENT PRAYER—*I am obedient to the law of the Spirit of life in Christ.*

In the experiences related in today's lesson, Jesus passed triumphantly the supreme test of moral courage and devotion to Principle. In face of the defection of all His faculties (disciples) He surrendered His personal will to the divine will. In the bitter hour in Gethsemane, when to human sense it seemed that He must die of trouble ("sorrowful, even unto death"), He nevertheless strengthened His resolution and keyed His purpose anew by means of prayer, until He was ready for what might come.

While He did this, the disciples whom He had asked to watch with Him that His communion with God might not be interrupted by the soldiers before He was ready to meet them, were sound asleep. After a hearty

supper, they could not keep awake. They had not been awake to the significance of their Master's words at supper, and therefore even before the arrest they unconsciously deserted Him by failing to do what He asked of them. If the eleven had been keenly alert and alive to the influences at work in Jerusalem to destroy Jesus and had united with Him heart and soul in fervent prayer, who can say that His first petition might not have been proved to be the Father's will, since that will is that not any one should perish? The prophet Ezekiel understood this truth when he wrote, "I have no pleasure in the death of him that dieth, saith the Lord." It was the state of the race mind, not the requirement of divine law, that made the crucifixion inevitable.

Jesus' prayer to the Father to remove from Him the necessity of undergoing such an experience was conditioned by His "Nevertheless, not as I will, but as thou wilt." All Jesus' work as well as every recorded word of His reveals His sublime love for mankind and His desire to do what would prove best for men. Where the good of the whole was not in question, there was no hesitancy on His part. At the grave of Lazarus He voiced no doubt of the will of God. Knowing that will to be more abundant life for man, "he cried with a loud voice, Lazarus, come forth." And no sign of a higher will at variance with that of Jesus appeared. Lazarus came forth.

In Jesus' case, it was somewhat different. He knew that men learn best by example and by emulation of example. Therefore if by His death and resurrection He should prove to them that nonresistance opens the way to victory over material force, men would learn the higher way and become nonresistant. He knew they would be long in learning it, for belief in force dies hard; but sooner or later His example would become the universal custom, and material force would be ruled out. He therefore chose the higher will in preference to the personal will to live.

The thought of violent death, under the stigma of

conviction of blasphemy, was not easy for a man of Jesus' age and nature to accept. The will to live is strong in the young, and He had but just reached the prime of life. His mental and spiritual powers were at the flood. His influence over the people was increasing as His work of teaching and healing progressed. It required a comprehensive vision of the future and of mankind's ultimate destiny to reconcile Him to His "cup" referred to in the prayer "My Father, if this cannot pass away, except I drink it, thy will be done." That vision Jesus had and He had, too, the moral courage of the Christ consciousness with which to follow it.

As for the confusion of His faculties (represented by the scattering of the disciples at the time of His arrest), this is understandable. His words "The spirit indeed is willing, but the flesh is weak," condoning the failure of the disciples to watch and pray with Him in His hour of need, are quoted today by the personal man as an excuse for the inadequacy of his own performance. Jesus made use of no such excuse, but braced His will through prayer, and thus made His consciousness of God life doubly sure.

Metaphysically as well as practically, regeneration is an educational process. The faculties are like children at school. The head instructor is the I AM, represented by Jesus. He cannot force His faculties to conform to the divine law, but through a process of thought culture He can make them wise and powerful. Jesus would not through sheer will power make Judas do right, because He knew that that was not the true way to develop any of His powers. Judas must first understand the law, and have the desire to do right spring up in his own heart. A propensity, if bound by the will and forced into certain channels, will eventually break out and go wild, because it has no foundation in understanding. Full understanding is found only in the Christ consciousness. "O righteous Father, the world knew Thee not, but I knew Thee."

Gethsemane means "oil press" and is an emblem

of trial, distress, agony. The Christ consciousness meets much opposition in its attempt to incorporate itself in the human mind. The body and its thoughts are material and have slight conception of spiritual things. The task of lifting up the soul asleep in sense is prodigious, and the Christ mind realizes the magnitude of the task.

The various experiences of Jesus may be said to represent the phases of mind through which every man passes who puts on Christ. These experiences may be repeated over and over until the sense consciousness is completely regenerated. The betrayal of Jesus into the hands of the multitude is a picture of the way in which the spiritual life imparted by the higher self is captured by the lower forces and subjected to indignities foreign to its nature. But as long as the predominating desires of the soul are on the sense plane, the betrayal of Jesus will follow every descent of His Spirit into consciousness. Thus the experience in Gethsemane may take place again and again. Every time we allow our life and substance to find expression in material ways we are giving Jesus into the hands of His enemies.

To prevent this betrayal, declare that the Spirit of the Christ in you is subject not to the law of the flesh, but to the law of God. Such a state of mind, if maintained, will keep the spiritual life and substance inviolate.

QUESTIONS

1. What did Jesus accomplish in Gethsemane?
2. If the disciples, instead of sleeping in Gethsemane, had united in earnest prayer with Jesus, what do you think the outcome would have been?
3. Why did not Jesus compel Judas to do right?
4. Give the metaphysical interpretation of Gethsemane and its significance in today's lesson.

LESSON 11, JUNE 10, 1934.

Unity Subject—*The Last Step in Self-Mastery.*

International Subject—*Jesus on the Cross.*
—Matt. 27:33-50.

33. And when they were come unto a place called Golgotha, that is to say, The place of a skull,

34. They gave him wine to drink mingled with gall: and when he had tasted it, he would not drink.

35. And when they had crucified him, they parted his garments among them, casting lots;

36. And they sat and watched him there.

37. And they set up over his head his accusation written, THIS IS JESUS THE KING OF THE JEWS.

38. Then are there crucified with him two robbers, one on the right hand and one on the left.

39. And they that passed by railed on him, wagging their heads,

40. And saying, Thou that destroyest the temple, and buildest it in three days, save thyself: if thou art the Son of God, come down from the cross.

41. In like manner also the chief priests mocking *him,* with the scribes and elders, said,

42. He saved others; himself he cannot save. He is the King of Israel; let him now come down from the cross, and we will believe on him.

43. He trusteth on God; let him deliver him now, if he desireth him: for he said, I am the Son of God.

44. And the robbers also that were crucified with him cast upon him the same reproach.

45. Now from the sixth hour there was darkness over all the land until the ninth hour.

46. And about the ninth hour Jesus cried with a loud voice, saying, Eli, Eli, lama sabachthani? that is, My God, my God, why hast thou forsaken me?

47. And some of them that stood there, when they heard it, said, This man calleth Elijah.

48. And straightway one of them ran, and took a sponge, and filled it with vinegar, and put it on a reed, and gave him to drink.

49. And the rest said, Let be; let us see whether Elijah cometh to save him.

50. And Jesus cried again with a loud voice, and yielded up his spirit.

GOLDEN TEXT—*Looking unto Jesus the author and*

perfecter of our faith, who for the joy that was set before him endured the cross, despising shame, and hath sat down at the right hand of the throne of God. —Heb. 12:2.

SILENT PRAYER—*I look for the Christ in all whom I meet.*

When we search the Scriptures to find where the crucifixion takes place, we are introduced to a symbolism not hard to interpret. Golgotha, in the original (Aramaic, or Hebrew) language, means "the place of a skull." The skull is the place where intellect is "crossed out" in order that Spirit may win an eternal ascendancy. Jesus (the intellectual) was crucified at the place of a skull so that Christ (the Truth) might become all in all.

The seat of the conscious mind is the front brain, and it is here that the will has established its dominion. It is here that the human will must be crossed out in order that the divine will may have free expression.

The seamless robe for which the soldiers cast lots is Truth in its harmonious expression and unchangeable perfection. The superscription nailed to the cross above Jesus in three languages, "THIS IS JESUS THE KING OF THE JEWS," is indicative of the ruling power of the principles enunciated by this great King of men. Greek was the language of literature and culture; Latin was the language of militant Rome; Hebrew was the language of the Jews or of religion. The triple inscription was thus a prophecy of the universality of the word of the great One, which should go forth to the whole world and reach people in spirit, soul, and body.

The two malefactors crucified with Jesus represent the past and the future. The past is full of regrets and accusations, but the future is hopeful and sees good ahead in spite of the great trial at hand. Both are robbers of the present, in that they deflect the mind from its true work of application to the task at hand.

But the hopeful outlook is commended by the Christ and promise of reward is given.

The darkness symbolizes the failure of understanding that settles upon the soul in times of great trial. The rending of the veil of the Temple represents the letting go of belief in the reality of material consciousness and the awaking to the light of Spirit. The relinquishment of the soul to God is the final giving up of all selfish ambitions and aims. When this point is reached, the soul enters into glory.

The faith that sees divine order in all things discerns that Jesus accomplished His great redemptive work "when the fulness of the time came"; that the dominance of the known world by Rome gave a background of order and of widespread law that would otherwise have been lacking; that Greek culture had prepared the world for the aesthetic teaching of Christianity; while the tenacious hold of the faith of Abraham, Isaac, and Jacob on the Hebrew people had made ready the soil for the seed of Truth that Jesus scattered in the field of the human heart.

From time immemorial the race has sacrificed its great masters and teachers, until there has grown up in the race thought the fixed belief that such sacrifice is inevitable. But Jesus' promise to the believer "Greater *works* than these shall he do" as well as the prophetic utterance of Isaiah "They shall not hurt nor destroy in all my holy mountain; for the earth shall be full of the knowledge of Jehovah, as the waters cover the sea" give hope of realizing the ideal of love contained in the two commandments on which the whole law of life depends. "None is good, save one, *even* God," and as we learn to unify our mind consciously with the one Presence, we come more or less unconsciously to possess and to express true goodness of heart. To this ideal Jesus devoted His life: "that they should know thee the only true God, and him whom thou didst send, *even* Jesus Christ."

QUESTIONS

1. What is the meaning of Golgotha, and what is its significance in the story of the crucifixion.

2. How is the divine will made operative in man?

3. Of what was the triple inscription over the cross of Jesus a symbol?

4. In what way do the past and the future rob the present?

5. Explain metaphysically the darkness that settled over all the land and the rending of the veil of the temple.

Lesson 12, June 17, 1934.

Unity Subject—*The Living Christ.*

International Subject—*The Risen Lord and the Great Commission.*—Matt. 28:1-10, 16-20.

1. Now late on the sabbath day, as it began to dawn toward the first *day* of the week, came Mary Magdalene and the other Mary to see the sepulchre.

2. And behold, there was a great earthquake; for an angel of the Lord descended from heaven, and came and rolled away the stone, and sat upon it.

3. His appearance was as lightning, and his raiment white as snow:

4. And for fear of him the watchers did quake, and became as dead men.

5. And the angel answered and said unto the women, Fear not ye; for I know that ye seek Jesus, who hath been crucified.

6. He is not here; for he is risen, even as he said. Come, see the place where the Lord lay.

7. And go quickly, and tell his disciples, He is risen from the dead; and lo, he goeth before you into Galilee; there shall ye see him: lo, I have told you.

8. And they departed quickly from the tomb with fear and great joy, and ran to bring his disciples word.

9. And behold, Jesus met them, saying, All hail. And they came and took hold of his feet, and worshipped him.

10. Then saith Jesus unto them, Fear not: go tell my brethren that they depart into Galilee, and there shall they see me.

16. But the eleven disciples went into Galilee, unto the mountain when Jesus had appointed them.

17. And when they saw him, they worshipped *him;* but some doubted.

18. And Jesus came to them and spake unto them, saying, All authority hath been given unto me in heaven and on earth.

19. Go ye therefore, and make disciples of all the nations, baptizing them into the name of the Father and of the Son and of the Holy Spirit:

20. Teaching them to observe all things whatsoever I commanded you: and lo, I am with you always, even unto the end of the world.

GOLDEN TEXT—*Go ye therefore, and make disciples of all the nations, baptizing them into the name of the Father and of the Son and of the Holy Spirit: teaching them to observe all things whatsoever I commanded you: and lo, I am with you always, even unto the end of the world.*—Matt. 28:19, 20.

SILENT PRAYER—*Centered in Principle, I awake to newness of life.*

The question is sometimes asked whether Jesus rose from the dead with His physical body. If so, what became of that body? The historical account makes it clear that after the resurrection Jesus still had His crucified body. He showed the imprint of the nails to Thomas. He assured His disciples that He was not a ghost but a real man of flesh and blood. Explaining the present status of Jesus' body is not easy, owing to a lack of terms adequate to describe the inner or "spiritual" plane of consciousness, the kingdom of the heavens so often referred to by Jesus. Metaphysicians know more about this kingdom than they can tell in ordinary language. Terms have not yet been found to describe the conditions that exist in the interpenetrating ether, and people are not at all familiar with those conditions. Jesus expounded mental laws by means of parables, because the people of His age had little knowledge of the creative power of thought. So

metaphysicians have to find illustrations in the material world of conditions that are not at all material. The result is often an inadequate description of conditions existing beyond the range of intellectual understanding.

After His resurrection from the tomb, Jesus held His body on the inner plane for forty days and then carried its particles to the spiritual plane, where it exists today as a body of thought-and-mind force. Through His thought-body Jesus is able to quicken the bodies of people who attract to themselves His power by believing in Him. Through this process a new race is being formed, and this new race will gradually step out of the old material-concept body into forms of a much higher type. The new bodies, which grow within the very cells of the old bodies and transmute them into spiritual substance, will have the power of self-regeneration; they will never grow old.

"Sabbath day" signifies a resting in consciousness from all that is seemingly earthly and material and an abiding in the divine will and presence. We may rightly term it a day of prayer. The two Marys who came to the sepulcher represent the love of the soul for Truth, which has seemingly gone so deep into the mortal consciousness as to appear to have been submerged entirely by the mortal. But Truth never dies; it is always alive and active. "And behold, there was a great earthquake; for an angel of the Lord descended from heaven, and came and rolled away the stone, and sat upon it." This statement signifies a final breaking up of the earthly and hard conditions that were apparently holding the Christ or Truth back from full expression in and through the individual. The angel is the word of Truth, in which is centered the power of God to overcome all limited beliefs and conditions. Lightning represents force, light, power. The "raiment white as snow" bespeaks righteousness, purity, and perfection: "He that overcometh shall thus be arrayed in white garments."

The fourth verse of our lesson shows that resistant material thoughts cannot stand before the light of Truth. Following this light, the consciousness of the Christ presence comes to the loving, trusting, consecrated soul; also the assurance that Truth is no longer limited in its expression in the individual by the materiality and hardness of mortal belief, but has risen victorious over all limitation and error and has effected a great renewal of mind and body. The soul bows in loving worship.

The next step is to inform the faculties (disciples) of the supremacy of Truth over error. In Galilee (an increased spiritual life activity of Truth in the consciousness and in the organism) this supremacy will be made clear to them. Concentration of the faculties upon this realization can be effected only when the mind is free from fear and doubt. "Fear not: go tell my brethren that they depart into Galilee, and there shall they see me."

In the first ecstasy of the soul at knowing itself possessed of the Christ consciousness, there is no thought of gain for self. The acquisitive faculty (Judas) drops out of sight before the faculties are concentrated in the living concept of spiritual substance (Galilee). Later, when the twelfth faculty is united with the other eleven, we find that it has been lifted up (Matthias means "given wholly unto Jehovah") so that it may aid the man in laying hold of his higher, spiritual heritage, even eternal life, through the power of the Christ consciousness. Meanwhile, since all the faculties have not been concentrated at one point, there is lacking a certain strength and stability of mind. "When they saw him, they worshipped *him;* but some doubted."

Truth carries with it a conviction of its inherent authority in both the inner and the outer realm. When the perfect idea comes into mind and is comprehended by the man in full possession of his faculties, he knows that he can so organize all his activities as to make his life harmonious. Every attribute of Being, whether

it is manifested in the physical realm, the intellectual realm, or on the hidden side of the inner life, can be trained to express in divine order a concept of the one omnipresent mind. "Go ye therefore, and make disciples of all the nations, baptizing them into the name of the Father and of the Son and of the Holy Spirit; teaching them to observe all things whatsoever I commanded you."

The I AM is of the living essence of all that is. In it inhere unfailing life, immortal Truth, inexhaustible Being. "Lo, I am with you always, even unto the end of the world."

QUESTIONS

1. Did Jesus resurrect His physical body?
2. How does Jesus influence us today?
3. Explain the significance of the sabbath day mentioned in the text of this lesson.
4. What do the two Marys represent in this lesson? The angel that rolled away the stone from the door of the sepulcher?
5. How can man follow the teaching of Jesus Christ in regard to eternal life?

LESSON 13, JUNE 24, 1934.

Unity Subject—*Applying the Christ Principles.*

International Subject—*Review.*

GOLDEN TEXT—*Of his kingdom there shall be no end.*—Luke 1:33.

SILENT PRAYER—*I abide in the consciousness of omnipresent good.*

The lessons of this quarter have set forth, both metaphysically and practically, the significance of the perfect life and the principles that it exemplifies. Of this perfect life expression Jesus is the one outstanding example; therefore His birth and early training as well as His later ministry have been given attention.

Lesson 1 is given over to proofs of eternal life.

These cannot become evident to the soul that is not quickened to the Christ consciousness. Where Christ is, there is discernment of the life principle and understanding of its eternal nature. Jesus raised His body to spiritual consciousness before the crucifixion, and this work of conforming the body to the higher concept can also be done by us in the present as well as in some future state.

Practical idealism is the subject of the second lesson. In order to enter the kingdom of heaven, man must have that characteristic of the child, unfailing idealism, and must put it to practical use. He must believe that life rests on a foundation of innate good, and he must persist in his aspirations toward it. Through the exercise of his faith, as well as by his expectation of good and the idealization of his experiences, he grows up into a clear understanding of the inner, perfect realm of mind, as a child grows up in physical stature.

Lesson 3 appropriately combines patience and forgiveness in one study. The measure of our patience with others should be equal to what we have with our own efforts. Since God is infinitely patient, he who has most patience is most Godlike. We should hold ourselves in the mental state in which we forgive readily as soon as the need of forgiveness becomes apparent.

In Lesson 4 we learn that it is possible to seek the kingdom of heaven selfishly, as did the rich young man who came to Jesus. We are to rid ourselves of all that hinders or retards our progress, all that keeps personality uppermost in our life, and seek instead the universal approach of the common good.

Lesson 5 contains a discussion of true greatness. This consists in overcoming our bondage to literalness and in freeing our nature to express a clearer and better vision of Truth. If we trust the presence within us to guide and direct us, we shall gain peace. Meekness and teachableness are useful aids to living.

The victory of the higher over the lower self is the subject of Lesson 6. Jesus, the I AM or perfect expression of spiritual ideas, represents the higher self of every man, while the ass that rode into Jerusalem is typical of man's animal nature. The Temple at the heart of the city is a symbol of the body, which when it is controlled by the higher self, is thus redeemed from the effects of ignorance, fear, and all other destructive influences, and restored to its true estate of peace and effectiveness.

Lesson 7 takes up the subject of temperance, showing how the life that is poised in Principle is able to hold a true course in all circumstances. True wisdom sees the motive that lies back of all inquiry, and is able to silence trickery and deceit. It holds the scales level between the demands of the inner life and those of the outer world, rendering to the outer that which bears the stamp of the manifest, and reserving to God those things which are clearly spiritual in their application.

In Lesson 8 the question of quickening the five senses is taken up. In their mere physical aspect the senses are symbolized by the five foolish virgins who allowed the oil to burn out of their lamps while they slept, unmindful of the approach of the bridegroom (the Christ consciousness). The regenerate senses are typified by the five wise virgins who stored up a reserve supply of oil for their lamps in preparation for the coming of the bridegroom.

Lesson 9 is devoted to a study of the Last Judgment. This final decision hinges on that true goodness of heart which is called love and which thinks first of others, forgetting even to take credit to the personal self for such thought. The innocence and harmlessness of the Christ mind is represented by the sheep, while the goats represent the resistant, self-centered state of mind that is intent only on self-justification at all cost.

The supreme test of moral courage and devotion to Principle is exemplified in Lesson 10. In Gethsem-

ane Jesus decided definitely to surrender to the divine will His personal will to live and thus proved nonresistance to be the way to victory over physical force. When nonresistance becomes the universally accepted way of life, material force will cease to retard the progress of the race.

Lesson 11 gives an interpretation of the crucifixion of Jesus in terms of self-mastery. The human will, which is centered in the front brain, must give place to the dominion of the divine will before Truth can find perfect expression in man. The triple inscription over the cross symbolizes the universality of the Christ consciousness and the creative word that makes it manifest to the mind of man. This work is all done in the fullness of time.

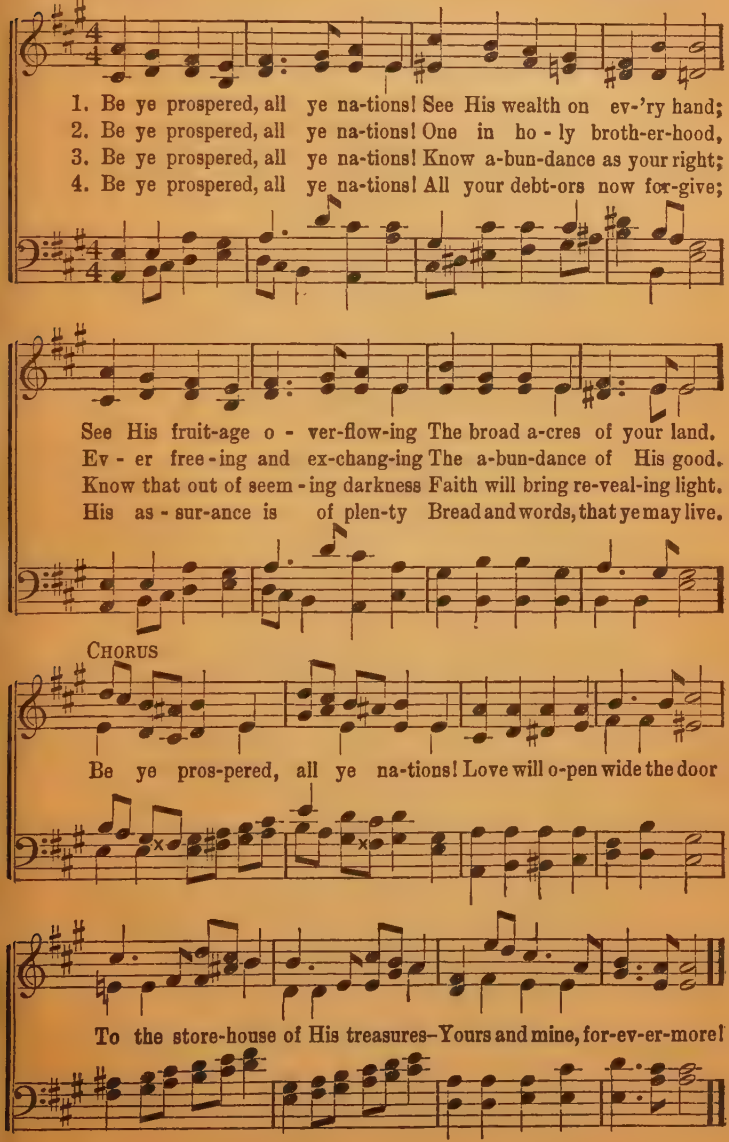
The resurrection of Jesus is metaphysically interpreted in Lesson 12. All the Gospel stories verify the statement that Jesus resurrected His physical body. After holding this body on the manifest plane for forty days, He raised it to the spiritual plane. Through faith in His ever-living power, man is able to raise himself into the Christ consciousness here and now. The first lesson to be mastered through the Christ consciousness is the conquest of fear. This done, man learns by degrees to harmonize his faculties and to observe all the requirements of the higher order of life into which he has entered.

JESUS CHRIST SAID: *You have heard that it was said, Thou shalt love thy neighbor, and hate thine enemy: but I say unto you, Love your enemies, and pray for them that persecute you; that ye may be sons of your Father who is in heaven: for he maketh his sun to rise on the evil and the good, and sendeth rain on the just and the unjust. For if ye love them that love you, what reward have ye? do not even the publicans the same? And if ye salute your brethren only, what do ye more than others? do not even the Gentiles the same? Ye therefore shall be perfect, as your heavenly Father is perfect*

BE YE PROSPERED

Words by
WRIGHT FIELD

Music by
FRANGKISER


1. Be ye prospered, all ye na-tions! See His wealth on ev-'ry hand;
2. Be ye prospered, all ye na-tions! One in ho - ly broth-er-hood,
3. Be ye prospered, all ye na-tions! Know a-bun-dance as your right;
4. Be ye prospered, all ye na-tions! All your debt-ors now for-give;
See His fruit-age o - ver-flow-ing The broad a-cres of your land.
Ev - er free-ing and ex-chang-ing The a-bun-dance of His good.
Know that out of seem - ing darkness Faith will bring re-veal-ing light.
His as - sur-ance is of plen-ty Bread and words, that ye may live.
CHORUS
Be ye pros-pered, all ye na-tions! Love will o-pen wide the door
To the store-house of His treasures—Yours and mine, for-ev-er-more!

A Mother's Prayer

By DOROTHY CALLAWAY

They are such little women,
My tall girls.
How fleet the years have been
Since golden curls
Were part of heaven on
My shoulder pressed,
And rose-leaf hands were wings
Against my breast!

And now they hurry so
Away from me,
Who must prepare them. Father,
Help me see
Where babies end and women
Really are,
That I may guide, but never
Dim, their star.

Give to me strength and courage—
Humor too—
For this momentous thing
I have to do;
And that no lasting sorrow
Blur their eyes,
O God of all the mothers,
Make me wise!

SILENT UNITY

"Be still, and know that I am God"

Love lights the way, and I gladly follow.

The Society of Silent Unity, founded more than thirty-five years ago, is the healing department of Unity School, ministering, without seeing them, to those who need help.

Our purpose is to aid through prayer all persons who, having faith in the power of God, ask for help.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over."

Our Silent Unity group numbers some ninety consecrated workers who are devoting their lives to God's work for humanity. They are proving daily that physical, financial, mental, and spiritual difficulties can be overcome by righteous prayer. Even though everything else may have failed, we shall pray *with* you, for we have faith that "with God all things are possible."

We pray *with* you and also instruct you how to pray to the Father in secret in order that you may help yourself. Silent Unity is praying always, and your coöperation in prayer is of mutual benefit. Do not hesitate to write to us for help because your problem is personal. All correspondence is confidential.

Give your full name and address. Address your request to

SOCIETY OF SILENT UNITY
UNITY SCHOOL OF CHRISTIANITY
917 Tracy, Kansas City, Mo.
Cable address: Unity, Kansas City.

Health and Prosperity

It is written that a man's word is his only burden. But words cannot be weighed in a balance, nor measured as they vibrate the ether. How then do they burden man? Here is a great mystery, how words fashioned out of airy nothings clothe ideas and make them weighty, even burdensome.

The recent discovery of science that atoms are organisms with an invisible center vibrant with life opens up a realm into which man's word and thought can enter and move as he wills. The atom through the ether interpenetrates everything, including the cells of the human body. If we think or speak of things that suggest burdens, the corresponding etheric substance whirls into our body atmosphere and in due season plasters itself onto our flesh in rounded shoulders and humps.

The remedy or means of unloading these burdens is forgiveness moved by love. "Love suffereth long and is kind." The tender love that forgives and forgets the unjust stings of word and act unloads the burdens that weigh heavily on soul and body.

It is easy to say, "I forgive you," but hard to feel the mellowing tenderness that always follows true forgiveness. When we feel that our forgiveness is mere lip service, we need something to help us fulfill the law, even Jesus Christ. When we invoke Jesus Christ in our forgiving prayers, we blend our thought with that of one who was tempted and

tested as we are and who attained the victory through forgiveness. The forgiving love of God through Jesus Christ releases congested ills in secret places and lets currents of life flow free again. It lifts the burden, and the glow of radiant health appears.

The electromagnet that lifts the ingot of steel must first be charged with the electric current, and without that current it is powerless. So the heart of man must be aglow with God's love; then it becomes a magnet drawing all good from every direction.

With the mind set on divine love the heart of man radiates a light that tints the soul's aura the color of rose. Nature in all her radiant plumage has never equaled the glory of a soul brilliant with the glow of God's love.

HEALING THOUGHT

The forgiving love of Jesus Christ lifts the burden, and the glow of radiant health appears

PROSPERITY THOUGHT

Divine love provides me with plenty, and I am unselfish with my possessions

(USE FROM JUNE 20 TO JULY 19)

PRAYERS ANSWERED

The following testimonials come from persons who have been healed by the power of Spirit. These testimonials are expressions of the writer's gratitude to God for His wonderful love. Many of the writers acknowledge also the helpful ministry of Silent Unity. Those who wish to gain inspiration from some one whom God has healed may write, in care of the Unity School editorial department, to givers of these testimonials. Each letter must give the initials and address of the person to whom it is to be forwarded; also the name and date of the periodical in which the testimonial appeared

I Will Come and Heal

I AM INCLOSING a small contribution, which I am very happy to send in appreciation of your help. My health now is absolutely perfect and, thank God, I feel like a different person. You may discontinue your prayers.—*Mrs. F. B., York, Pa.*

I WIRED YOU for your prayers that I might be relieved of an asthmatic condition that had developed as a result of my suffering an attack of hay fever. From the time I sent you the wire, I was able to sleep every night without the aid of four pillows. The cough has almost entirely disappeared. I am deeply grateful for this demonstration, and I thank God for my healing. I thank you for your prayers.—*Mrs. H. C. E., Freeport, Ill.*

MY HUSBAND SENT a request to Silent Unity for prayers, as he was almost blind. He had not seen out of one eye for over twenty years. And we feel that our heavenly Father has opened a way for him; for now he can see, praise the Lord. May God bless you all and your wonderful healing work. My husband and

I cannot do without the Unity teachings.—*Mrs. D. P., Colonsay, Sask., Canada.*

I WANT TO THANK YOU with a sincere heart for your prayers that the infection in my leg might be healed. It has entirely disappeared, and I am now able to be about again. You don't know how much I thank you. —*Mrs. L. G., Brenham, Texas.*

I AM WRITING to let you know that a gastric ulcer from which I had been suffering has, through the use of the affirmations in your book *Heal Thyself,* entirely disappeared. I cannot begin to thank you, and I am very grateful to our heavenly Father for my healing.—*Mrs. K. D., Philadelphia, Pa.*

THIS IS THE FIRST year in many that my husband has not had a breakdown; but he is so interested in his business, and we both realize how our heavenly Father has helped us, through your prayers.—*Mrs. H. W., Newtonville, Mass.*

MOTHER IS IMPROVING daily, and both physicians and friends say that it is nothing short of a miracle. As she is eighty-five years of age, we have to fight against adverse thoughts in the minds of others. We are grateful for your help.—*H. L. P., Columbus, Ohio.*

I WROTE YOU some time ago for your prayers for my son, who had broken his wrist. He recovered nicely, and is working again. Praise God and thank you.—*Mrs. F. O., Butte, Mont.*

THROUGH YOUR PRAYERS, A—— C—— B—— was cured of a nervous breakdown. I thank you and bless you for your wonderful kindness and never-failing help through this trying time.—*Mrs. C. H. E., Glendale, Wash.*

EARLY TUESDAY MORNING I telephoned you and asked for your help for an injured foot. The pain was so severe that I had not been able to sleep. Very soon

after I called you the pain was eased, and I slept comfortably the rest of the night. I was able to go to work in the morning and my foot has improved daily. I am indeed thankful for the help I have received not only this time, but many times, through your prayers. I am inclosing a love offering.—*G. H., Kansas City, Mo.*

Filled with Plenty

WHEN WE STARTED our business three years ago I was given full charge. I immediately gave it into God's keeping, always realizing that it was God's business and that any success was due to Him as the indwelling Spirit within me. The business has grown beyond my wildest dreams, and I am truly grateful for the good that has come to us through your help.—*A. C., St. Louis, Mo.*

YOU MAY DISCONTINUE prayers that my husband should find work, as he is now employed for the first time in over a year. I am very grateful for your help.—*H. E., Chicago, Ill.*

THE PAST THREE MONTHS have seen increasing joy and substance enter my life and affairs, and I thank Silent Unity for its unselfish help. I most earnestly ask God's blessing on every department of Unity work.—*Mrs. J. E. H., Wheatland, Wyo.*

I ATTRIBUTE the closing of a property deal to the adjusting Power and to your prayers, for it seemed like a hopeless case. I feel the assurance that Spirit is guiding my affairs, and I am grateful that Unity opens up an understanding of Truth.—*H. L. D., Goleta, Calif.*

NOT LONG AGO I wrote to you for help in finding a position. The letter had hardly had time to reach you before I was working. As the pay was low I continued to ask for work that I was better fitted for. I am happy to tell you that I have been employed here for one month, and I love my work. And I thank God

and you, dear Unity, for your help.—*G. S., Albuquerque, N. Mex.*

THANKS TO YOUR PRAYERS, my son has a fine government position. I wonder where we should be today if it had not been for the Unity teachings, which have changed our lives completely.—*M. B., St. Stephen, N. B., Canada.*

He Shall Have Abundance

THE FIRST WEEK I used the prosperity bank drill my income doubled. Now I have more work and I am able to do it. I am truly grateful for this blessing. —*G. W., Glens Falls, N. Y.*

I HAVE COME to the place where the prosperity bank drill plays a powerful part in my every day living. I miss it if I discontinue it for even a day. I am indeed grateful for all your prayers and your good thoughts, and it gives me a feeling of confidence to know that you are praying with me.—*E. G. N., Denver, Colo.*

SINCE I HAVE BEEN USING the prosperity bank drill, prosperity has seemed to come from every direction, and by prosperity I do not mean material gifts. I mean a feeling of peace and harmony, a consciousness of the Presence all about me, of my loved ones protected and healed, of the firm for which I work manifesting prosperity, of a closer bond of friendship between me and my friends—all of which means more to me than great sums of money. However, I have received gifts of money from unexpected sources and know that they came from the one source of supply. My heart is filled with gratitude to God and to you for your loving coöperation. I thank you with all my heart.—*I. P., New York City.*

DUE TO MY daily use of the prosperity bank drill, I had more income and more work in 1933 than for several years previously. The idea of plenty is more

firmly fixed in my mind, and I gratefully acknowledge your help.—*C. H., Pasadena, Calif.*

I HAVE PROSPERED in every way since beginning the prosperity bank drill. My income has been climbing gradually day by day. I am indeed thankful to you for your help so freely given.—*Z. S., Spartanburg, S. C.*

Search the Scriptures

I AM ABOUT TO SEND IN the answers to Lesson 12 and I want to thank you for the wonderful help you have given me. In these answers today I am not looking at the textbook but answering each question as the thought comes to me. Every time I read over these lessons along with your annotations I get a new or clearer understanding, and I feel that at last I am beginning to get a truer, clearer consciousness or knowledge of Truth.

Praise God for all His blessings. I am inclosing a love offering, and again, I thank you.—*Mrs. G. S. D., Englewood, Colo.*

I RECEIVED the splendid certificate. Thank you very much for it. The course has meant much to me, more than words can tell. The things learned will ever go with me to smooth the way and make it joyful. —*M. A. D., Englewood, Colo.*

The Sun Stood Still

I RECENTLY had a wonderful experience in the control of the elements. I was in a mountain town when there was a terrific cloud-burst and electrical storm. I was alone in the house and ordinarily would have been very fearful, but I calmed myself and, repeating some affirmations, commanded the elements to be quiet. Gradually the lightning subsided and the rain, which had been coming down in torrents, de-

creased, and all was safe. God surely answers the prayer of faith.—*Mrs. T. G. H., Escalon, Calif.*

YOU MAY DISCONTINUE your prayers for rain, praise God. I received your answer to my letter at 10:30 a. m., and it was raining at 3 p. m. That surely was a wonderful demonstration of God's power. Thank you for your help.—*Mrs. J. W. S., Garfield, Ark.*

My Help Cometh from Jehovah

I HAVE A FRIEND, a high-school student, to whom I have sent Unity literature, and she says she is very grateful to me for introducing her to your teachings. It has changed her whole life and is responsible for giving her the correct outlook. She also states that it has helped her in her studies and social life and that whatever success she has attained is attributable to Unity. You are doing a wonderful work, and I pray that your success may increase under the guidance of the Father.—*E. C., Nashville, Tenn.*

I FIND YOUR LITERATURE the most helpful of any Christian reading matter that I have had outside of the Bible. I bless you for your great work in the uplift of humanity. May you continue to radiate Christlikeness to all mankind.—*Mrs. M. M. B., Princeton, Ind.*

He Is My Refuge

I HAVE NOTHING BUT PRAISE for your help, I am blessed in every way through you. Everything has been made possible and all of my prayers answered. My sister is improving in health, and I have received the raise in salary that I wanted. I am inclosing a small offering to further God's work.—*N. C. W., New York City.*

I HAVE BEEN truly blessed by the use of the prosperity bank drill, for I have had employment most of the

winter. Our home life has been very harmonious, and I never fail daily to bless all whom I contact. I cannot fully express the joy of daily communion, of being able to recognize my many blessings, of feeling the glorious companionship of Christ to guide and protect me. God bless and prosper you all.—*H. B., Waterloo, Iowa.*

Unto Us a Child

I WANT TO THANK YOU for your prayers during my confinement. I now have a fine, healthy baby boy, and I know it was your prayers that helped me recover so rapidly. I am very thankful for all you have done for me.—*Mrs. Z. J. H., Ft. Worth, Tex.*

BEFORE MY BABY WAS BORN I met with nothing but discouragement regarding my condition, as I was past the age where it is considered easy and safe to have a child. I received your literature and studied your maternity booklets faithfully. Today my baby girl is the idol of the neighborhood, is six and one-half months old, and weighs over twenty-three pounds. She hasn't been seen by a doctor since she was five weeks old. My greatest desire is to contribute freely to the work of motherhood through Silent Unity. I am very grateful for your help.—*Mrs. H. C. A., Newark, N. J.*

His Truth Is a Shield

IT IS WITH A HEART full of love and gratitude that I write you this letter of sincere thanks.

When I wired you last week I was frantic with worry. My brother, who had been visiting me had disappeared. He had left no trace behind him, and my mother in a distant city was ill with worry. In a few minutes after the wire was sent to you for prayers I felt a sense of peace come over me and I had a feeling that my brother was safe and unharmed, that God was caring for him. Praise God, the next day we had news of him. He had grown homesick and had

started walking the six hundred miles home, and he did not tell me because he had been afraid I would object to his plan. He arrived home safely after a six-day trip. I wish that I could express to you the calm assurance of his safety and the peace and satisfaction that came to me after I had communicated with you. May God's richest blessings rest upon you.—*Z. W., Chicago, Ill.*

Father, I Thank Thee

IT IS WITH GREAT pleasure that I write you these lines of appreciation. I praise God and Unity daily for the wonderful gifts He has bestowed on me. Words almost fail me in my effort to convey to you my gratitude for all you have done in praying with me that I may express His sonship. God bless you!—*M. T., Smiths' Parish, Bermuda.*

I HAVEN'T TAKEN UNITY quite a year, but it has helped me more than anything in the world. May the Father bless you for your wonderful work.—*Mrs. J. J. M., San Diego, Calif.*

Study to Be Quiet

A SHORT TIME AGO I wrote for your prayers that my son might pass his college examinations. He had been quite discouraged about them, but he received a much higher grade than he expected, and he has renewed courage for the future. This answer to prayer has strengthened his belief in the teachings of Unity. We are very grateful for your help.—*Mrs. A. R. C., Marion, Ohio.*

I WROTE TO YOU not long ago for your prayers that my husband might pass a civil service examination. We recently received word that he had passed successfully and is now on the list. I want to share this great joy with you, and may God bless Unity and all its workers.—*E. E. Y., Bellerose, N. Y.*

Help From
SILENT UNITY

These are extracts from letters that Silent Unity has written to those who have asked our help in finding and obeying the divine law of life

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I asked your prayers for a definite position. In your instructions you say to pray definite prayers. In your letter you seem to evade stimulating faith in a definite answer to a definite prayer. As I see it, praying vaguely and consoling oneself with some kind of vague answer is only a gesture not worth while.—*Extract from a letter answered by Silent Unity.*

We are happy to know that you are interested in finding Truth and in using it to bring into your life the unlimited good that God desires you to have. The teaching of Unity is founded upon the Jesus Christ standard. He came that He might show us the way to greater happiness in all things.

It is true that we pray for definite results but not for specific results. When we want success we pray definitely and persistently for success, guidance, and wisdom. Praying in this manner invites the will of God into our mind and affairs, and since His will for us is good, we find new avenues of expression opening up for us and wonderful opportunities presenting themselves. When we pray specifically for a particular thing, we exclude from our view many others that were intended for our happiness. The things that God designed for us even before we came into this world are so much greater than our human mind can vision that it is better to surrender our personal will to His will. Then His wisdom will lead us naturally and easily into that which is our own.

Nothing would be worth while if we were not happy and contented with it, and true happiness comes from

knowing that we are doing what God has planned for us to do. Keep your mind positive, constructive, and joyous, realizing that His will is being done in your affairs. If it is His will that you have the position you spoke of, it will come to you in a happy, harmonious way. If He has planned something else for you, it will be revealed to you in due time. We pray with you each day and we are knowing that all things are working together for your highest good, that the Lord is your shepherd, and that He is leading you into that which is your own.

The Bible says that "God loves those whom He chasteneth." It also says, "Rebuke not the chastening of the Lord." I have it in my mind that I need to suffer from some past misdeeds that may have been contrary to His will. Will you please explain this to me, and tell me if this is what the two Scriptures above mean?—*Extract from a letter answered by Silent Unity.*

You ask the meaning of the Bible verse "God loves those whom He chasteneth." In understanding this verse, you must remember that God is principle. He is the law of life, and this law must be conformed to if one is to perfect and sustain a healthy mind and body, just as surely as a principle of mathematics must be followed if the correct solution to a problem is to be obtained. To try to solve the problem by any other method is to arrive at an incorrect answer. To live by any other than the divine law of life is to produce a mind and body that is out of balance. To one who is not awakened to spiritual things, this lack of proper balance is not very apparent and perhaps will not be recognized until a mental or physical inharmony arises that is great enough to cause pain or sickness. However, to one who understands spiritual things and who wishes to follow the Master in the creation of a glorified body, each deviation from principle causes dissatisfaction. It shows the need for chastening or purification. Chastening does not mean punishment, but

rather purification or refinement. It is our own higher self, the God principle in us, that does this chastening, not in the spirit of condemnation but in the spirit of love. This higher self wants us to enjoy all the fruits of the kingdom of God and it realizes that the only way to come into the kingdom is to conform to the divine law.

When your body has an appearance of sickness, it is evidence that there is need for more pure life and love of God to course through your being. Your thoughts need to be lifted to a new level of correct thinking, and your soul needs to know that God loves and lives in and through you and that it is your joyous privilege to make of your mind and body a perfect channel for His service.

The second verse you mention, "Rebuke not the chastening of the Lord," is readily understood when the first verse is clear. Of course no one who wished to be happy and healthy and prosperous and poised would rebuke or refuse to coöperate with the very principle that would insure these blessings. Loving obedience and coöperation with the law will of course bring quicker results, but all must sometime come to this period of awakening and subsequent purification; for we are sons of God foreordained to adoption, and we must some day return to the Father's house to enjoy the kingdom of plenty that He has prepared. How foolish we are who resist and thus keep ourselves out of the heaven of life, light, joy, peace, and plenty.

What is your view of divorce? Do you consider that a divorced person is unworthy of belonging to a church? I was divorced from my husband because he was a drinking man.—*Extract from a letter answered by Silent Unity.*

The love of God reaches out and blesses you in all your ways. You are the child of God in whom the Father is well pleased.

Dear one, God does not look away from any of His children. It is only when *we* look away from *Him* that

we feel lost, lonely, and forsaken. God is always with you, waiting for you to turn to Him and accept His love and blessings.

God gave us divine freedom to live in this world according to our highest standards. When we take God into our life as our guide and Father, we shall always be led to do that which is for our highest development and happiness. Being divorced does not separate you from the Father, neither does the Father condemn you for being divorced. He loves all His children and His love and wisdom is leading them into that which is for their highest good.

If you have made any mistakes in the past, leave them in the past. Do not bring them into your present life by thinking about them. They are gone, and God has forgotten and has forgiven you. His grace is upon you in all that you do. He knows your desire to do right and to live right, and He praises and blesses you and leads you into paths of peace, joy, happiness, and abundant good. Each day read the 23d Psalm and realize that the words are meant for you.

Praise God that each day is a new beginning for you and that the old has passed away. Become a radiant center of His love, light, joy, and peace, so that you may be a blessing to yourself and all with whom you come in contact.

We see you as the radiant, free, joyous, happy, courageous child of God.

Why is it wrong to commit suicide? If life is of God and cannot be destroyed, why is it wrong to divert the channel of its expression? Is it just that if we don't conquer a problem, we must face it again and again until we do? —*Extract from a letter answered by Silent Unity.*

As the flower that opens its heart to the sun grows and unfolds from the light that it receives, likewise the soul that looks to the Supreme Being for understanding and inspiration is transformed in newness of life unto spiritual perfection.

Each time you have prayed, some thought in your mind and some feeling in your heart has been changed. Your work is to keep praying, loving, and trusting until the living Christ Spirit takes complete possession of your heart, soul, mind, body, and affairs. Stop the inflow and outflow of anxious thought by realizing that there is only one thing that is of supreme importance to you, and that is that your heart be filled with the conscious awareness that you are a child of the Most High. Silently realize that you are joint heir with Christ Jesus to abiding spiritual dominion, soul liberty, mind peace, and bodily perfection. Consecrate your thought powers to being the radiant, vital, loving, free individual that you are spiritually meant to be.

One who takes his own life sets his will in direct opposition to the will of God. To be spiritually righteous is to fulfill the will of God, to live according to His divine will. To do wrong is to disagree with the Father's will in some thought, word, or act. God being the Spirit of life and being embodied in man as spirit, soul, and body, wills continuous life in this unified formation, therefore it is not right that man attempt to disrupt the Father's supreme work. Man is given identity that he may become aware that he is a divine unit of spirit, soul, and body. By severing or destroying the body man willfully expresses destruction against the Creator and His perfect creation. In Thessalonians 5:23 the idea of God preserving man in wholeness of spirit, soul, and body is beautifully set forth. "The very God of peace sanctify you wholly; and I pray God your whole spirit and soul and body be preserved blameless unto the coming of our Lord Jesus Christ."

The full mission of Christ Jesus is that through His individual embodiment of the Spirit all men may awake to express perfection in spirit, soul, and body. Silent Unity is praying with you now that you may know your divine perfection in body as peace and health, and in your affairs as order, harmony, and love.

THE PURPOSE OF UNITY

UNITY SCHOOL OF CHRISTIANITY is an independent educational institution, teaching the use of the Jesus Christ doctrine in everyday life.

Its purpose is not to found a new church or sect, but to help and teach men and women of every church and also those who have no church affiliations to use and prove the eternal Truth taught by the Master.

The Unity teachings explain the action of mind, the connecting link between God and man. They explain how the mind affects the body, producing discord or harmony, sickness or health; how it brings man into understanding of divine law.

We suggest that you accept what, in our literature, appears to you to be Truth, and that you withhold judgment on the remainder until you understand it better. If you seek the Holy Spirit as your guide into the fullness of Truth, you will know for yourself what is of God and what is of man.

As we keep on searching for Truth, we no doubt shall change some of our ideas, until everything short of the perfect will of God is dropped from our life and from our doctrine. There would be no difference of opinion among Christians if human ideas did not prevail widely, for there is but one Truth, and some day we "shall see eye to eye."

A Unity center is an independent association of Unity students formed to provide, maintain, and conduct a place of assembly, where the principles of practical Christianity, as set forth by Jesus Christ and interpreted in the light of present-day experience by the Unity School of Christianity, shall be taught.

Unity centers and study classes are places of religious research for all people, regardless of creed; and places where helpful instruction in Christian living may be received. They are voluntary associations of such Unity students as may desire to band themselves together for study, mutual help, and service.

Through its field department the Unity School of Christianity offers an advisory service for the purpose of promoting high standards of center conduct.

Information concerning Silent Unity (Unity School's healing department) may be found elsewhere in this magazine.

Students Comment on Home Study Course

In sending in this last lesson I have no sense of completion. I feel that I have only touched upon the great Truths which are there for me. The lessons with your valuable annotations will always serve as a reference in my study of the book.—*I. D. W.*

I am very happy to send in my first essay. I felt that I was talking to a friend and telling him how wonderful it is to know God as He is instead of as we believed Him to be in the old days.—*Mrs. J. M. L.*

The notations you give to my answers are equal to another lesson, and I have a regular feast when I receive them.—*Mrs. C. L. R.*

Our Correspondence Course is conducted for the benefit of those who wish to study Truth in a systematic way, but find it more convenient to do so in their own homes. Letters come to us daily from students who are finding in this course wonderful inspiration and benefit. A folder giving full information about the course will be sent you on request. Address the Unity Correspondence School Department, 917 Tracy, Kansas City, Mo.

Unity Literature in C C C Camp

The chaplain at a camp of the Civilian Conservation Corps writes our Silent-70 department of the gratitude for Unity literature expressed by residents of the camp. He says that when he first came into possession of some Unity periodicals, he spent a whole day examining them. Convinced of their worth he held a special service and urged the men to read Unity literature. The result was that these men were greatly helped in camp and afterward; as in the case of a discharged member who took over a Sunday school class of thirty-five boys.

The letter from the chaplain tells how Unity liter-

ature has helped to revive the religious interest of a community whose church prior to his coming had been closed for four years—abandoned as a hopeless enterprise. Unity literature showed this pastor how to trust God instead of looking to mission boards and other sources for financial help, and he says that God has never let him down. His work has been so successful that the press terms it a modern miracle, and he gives Unity literature credit for showing him the way.

We rejoice in this good report of Silent-70 work. Silent-70 sends Unity literature, free of charge, to groups and institutions of all kinds, wherever there is a chance to teach men and women the glorious gospel of Truth. This work is sustained by love offerings from loyal Unity friends.

Have You Enrolled?

The 1934 session of the Unity Training School opens June 4 at Unity Farm. An interesting schedule has been outlined for the first term, June 4 to June 29. During this period Charles Fillmore will conduct a course in Christian Healing; Francis J. Gable, courses in Bible History, Prayer, and Christianity in Business; Celia C. Ayers, in Basic Principles; Lowell Fillmore, in the Unity Statement of Faith, and Marie Handly, in the Fine Art of Living.

This is your opportunity to study the fundamentals of Truth. Whether you wish merely to grow in knowledge and understanding or to train for religious leadership, you will find a course to meet your needs. Your instructors will be men and women who have tested the power of Truth to their entire satisfaction. If you have not already enrolled, do so now, and plan to arrive at least a day in advance of the opening date. This will give you time to get properly located. Send your application to Unity Training School, 917 Tracy, Kansas City, Mo.

Appearing This Month in Other Unity Periodicals

"Put a Cherry on Top"

This bit of advice, given Bill by his best friend, seemed nothing short of facetious in the face of Bill's serious concern over the slump in his cafeteria business. But his friend insisted that he try capping each salad with a cherry, and see what happened. Bill just knew there was nothing to it, but he decided to give the idea a trial if only to prove his friend wrong. You will want to know whether this adding of a little bit to the usual service brought any results, so watch for the article "That Little Extra Touch," by Carl G. Bickel, in the June number of *Good Business.*

A Missing Boy and Dog

What could have become of Larry? His disappearance was even more of a mystery because his dog Bill was missing too. Jackie and Betty and Ross were eating their lunch high up on a cliff, when suddenly Jackie heard a sound like the barking of a dog—far away and troubled. Could that be Bill barking? The mysterious disappearance of Larry and Bill is the theme of "The Sea Cave's Secret," a story by Mary Cook beginning in the June number of *Wee Wisdom.* Every boy and girl will thoroughly enjoy this story, which will be published in four installments.

New Serial for Progress

"Peter's Inheritance," an intriguing story by Frances Stanley McKee, begins in the June issue of *Progress*. The scene is laid in the Columbia basin, in South Central Washington. The plot centers around "Big Pete," a surveyor who is known for his rugged honesty and his unfailing confidence in "the Powers That Be." From such a father Peter receives a wonderful inheritance, which lands him in the midst of circumstances that are as fascinating as they are unusual.

Believe in Your Good

Ill luck invariably comes to those who believe themselves to be under its spell. F. B. Whitney, writing in *Unity Daily Word,* advises the reader to cultivate a "good luck" consciousness, or rather a belief in good fortune as founded upon a scientific law of good. He tells how to accomplish this in his article "The Good Luck Consciousness," appearing in the June number of *Unity Daily Word.*

Your Problems Are Your Opportunities

If you have some cherished desire, some great ambition, and you feel that you are not progressing, that you are being held back from its attainment, you will gain help and encouragement from Marjorie M. Mohler's article "You Too Have Wings," which appears this month in *Weekly Unity.* You will learn how to capitalize your seeming problems, how to turn them into golden opportunities.

CLASSIFIED DIRECTORY

Unity Centers and Unity Literature Dealers

This directory is provided as a guide for those who wish to attend Unity meetings and secure Unity literature in various cities. Unity periodicals and textbooks are carried by all centers listed:

*** indicates: Permanent centers whose teaching and practice are uniformly in keeping with Unity School's standards.

** indicates: Unity Study classes and probationary center ministries.

* indicates: Literature dealers and independent Truth centers that carry the Unity literature, but whose teaching program and visiting speakers do not come strictly under the classification of Unity work.

§ indicates: Either Home of Truth, Divine Science, Christian Assembly, or Church of Truth center. These centers sponsor various presentations of Truth differing slightly from Unity, but all in harmony with the Christ message.

ALABAMA

Birmingham— *** Unity Cen, Massey bldg
Mobile— * Unity Cl, 256 N Conception

ARIZONA

Phoenix— *** Unity Cen, 311 W Monroe
Tucson— * Divine Truth Institute, 648 N 7th

ARKANSAS

Little Rock— ** Unity Cen, 809 W 15th

CALIFORNIA

Alameda— § Home of Truth, 1300 Grand
Alhambra— ** Unity Cl, 16 W Alhambra
* Unity Cen, 19 W Main
Bakersfield— ** Unity Cen, Woman's Club bldg
Berkeley— ** Unity Cl, 1176 Colusa
Burlingame— * Meta Cen, 209 Park Road
Eagle Rock— ** Unity Cen, 2122½ Colorado
Glendale— *** Unity Cen, 119 S Kenwood
Hollywood— *** Unity Lib, 1030 N Western
§ Truth Center, 6633 Sunset
Inglewood— ** Unity Tr Min, 426 E Queen
Ione— *** Unity Study Cl, Main & Preston
Long Beach— *** Unity Soc, 432 Locust
* Meta Studio, 121 Chestnut
Los Angeles— *** Unity Temple, 2120 S Union; Unity Assembly, 233 S Broadway; Unity Harmony Cen, 839 So. Grand; Unity Cl, 1532 Wilshire blvd; Christian Unity, 148 N Gramercy
* Westlake Unity Fellowship, 1812 W 7th; Unity Truth Cen, 815 S Hill; Anna McMillan, 4118 Central (col); Fowler Bros, 747 Bdwy; Bullock's; Advance Bk Co, 628 W 8th; May Co, 8th & Hill; Church of Divine Healing, 1684 W Adams
§ Home of Truth, 1975 W Wash
Napa— * Mrs Ralph Wilson, 938 Seminary
North Long Beach— *** Unity Soc, Cerritos & Artesia
Oakland— *** Unity Cen, 1424 Alice
** Unity Cl, 5365 Fairfax
* Meta Lib, 532 16th; J E Harding, 878 Wood (col); H C Capwell & Co
§ Truth Cen, 3006 Fruitvale
Pasadena— *** Unity Soc, 11 N Oak Knoll
** Temple of Living Word, 65 S Roosevelt
§ Church of Truth, 690 E Orange Grove
Redlands— ** Leona Ballou, 906 Tribune
Richmond— *** Beulah Tiller, 146 2d
Sacramento— *** Unity Cen, 2130 21st
San Bernardino— *** Unity Cen, 701 Arrowhead Ave
San Diego— *** Unity Soc, 1017 7th
San Francisco— ** Unity Temple, 115 O'Farrell
* Meta Lib, 177 Post; The Emporium; Truth Cen, 1212 Market; Mission Truth Cen, American hall
§ May Wiggin, 177 Post
San Jose— § Christian Assembly, 72 N 5th
Santa Ana— *** Unity Soc, 324 Hill bldg
Santa Barbara— § Truth Cen, 227 E Arrellaga
Santa Cruz— *** Truth Cen, 151 Garfield
Santa Monica— *** Unity Cen, 528 Arizona
* Universal Truth Lib, 1337 Ocean
Santa Rosa— ** Unity Cen, Masonic Temple
Stockton— *** Unity Cen, 822 N Center
Van Nuys— *** Unity Cen, 14550 Victory
Whittier— *** Unity Soc, 410 S Greenleaf
Willow Glen— § Christian Assembly, 1305 Lincoln

COLORADO

Colorado Springs— ** Unity Cen, DeGraff bldg
Denver— ** Temple of Prac Chr, 1437 Glenarm
* Publication Bk st, 514 15th
Pueblo— * Truth Cen, Congress hotel

CONNECTICUT

Hartford— ** Unity Reading Rm, 750 Main
New Haven— ** Unity Study Cl, Duncan Hotel
Stamford— *** Unity Soc, 74 Park

DISTRICT OF COLUMBIA

Washington— *** Unity Soc, 1326 I, NW

FLORIDA

Daytona Beach— ** Unity Cl, (col) 745 Marion
* Herbert Rodwell, 110 N Beach
Jacksonville— *** Unity Cen, Union & Hogan; Unity Cen, 804 Pippin (col)
Lakeland— ** Unity Cl, 321 S Mass
Miami— ** Unity Cen, 128 S E 3d
Orlando— *** Unity Cen, 409 S Orange
St Petersburg— *** Unity Church, 646 5th ave S
Tampa— *** First Unity Soc, De Soto Hotel

GEORGIA

Atlanta— § Atlanta Truth Cen, Mortgage Guarantee bldg

IDAHO

Boise— * Unity Study Cl, 517 N 10th; Truth Cen, 203 Fidelity Bldg

ILLINOIS

Bloomington— *** Unity Cen, 526½ N Main
Chicago— *** Unity Soc, 159 N State; Unity Fellowship, 25 E Jackson
** Unity Study Cl, 5105 Michigan (col)
* South Side Cl, 4307 S Mich (col)
§ Divine Science College, Straus bldg; Unity Home of Truth, 116 S Michigan
Decatur— *** Unity Cen, 308 W Main
Galesburg— ** Unity Cen, 46 E Grove
Moline— *** Unity Cl, LeClaire hotel
Peoria— *** Unity College, 1821 Main; Unity Cl, 503 E Maywood
Rockford— ** Unity Cen, Stewart bldg
Springfield— *** Unity Cen, 509 S 6th

INDIANA

Indianapolis— *** Unity Cen, Kresge bldg
* Truth Cen, 4455 Bdwy
Muncie— ** Unity Cen, 201½ E Main

IOWA

Cedar Rapids— *** Unity Cen, 728 4th Ave E
Davenport— *** Unity Cen, Whitaker bldg
Des Moines— *** Unity Cen, 42d and Rollins
Sioux City— *** Unity Cen, Martin hotel
Waterloo— *** Unity Cen, Lafayette bldg

KANSAS

Lawrence— *** Unity Cl, Eldridge Hotel
Topeka— *** Unity Cen, Jayhawk hotel

KENTUCKY

Lexington— *** Unity Cen, Northern Bank bldg
Louisville— *** Truth Cen, 1322 S 4th
* Down Town Truth Cen, Kentucky hotel; Broad Way Truth Cen, Breslin bldg

LOUISIANA

New Orleans— ** Unity Soc, 604 Canal

MASSACHUSETTS

Boston— *** Unity Cen, 25 Huntington
* Meta Club, 25 Huntington; Old Corner Bookstore, 50 Bromfield
§ Home of Truth, Hotel Vendome

MICHIGAN

Detroit— *** Unity Cen, Maccabee bldg; *Grand Rapids*— ** Unity Soc, 61 Sheldon
Kalamazoo— *** Unity Cen, 209 W Dutton
Royal Oak— ** Unity Cen, 500 S Main

MINNESOTA

Duluth— *** Unity Cen, 215 W 2d
Minneapolis— *** Unity Cen, 1108 Nicollet
* F M Barrett, 2947 Park
Red Wing— ** Unity Cl, 415 Dakota
St Paul— *** Unity Cen, Frontier bldg

MISSOURI

Kansas City— *** Unity Reading Rm, Waldheim bldg; Unity S S Cen, Jewell bldg; Unity Soc, 913 Tracy
St Joseph— *** Unity Cen, Empire Trust bldg
St Louis— *** First Unity Soc, Kings Way hotel; Unity Soc, 5579 Pershing; So Side Unity Group, 3611 Bates
§ Divine Science Church, 3617 Wyoming; No Side Divine Science, 4300 Gano

MONTANA

Billings— *** Unity Cen, Northern hotel
Bozeman— *** Unity Cen, 301 S Black
Butte— *** Unity Cen, YMCA
Helena— * Meta Cen, Unitarian Church bldg
Great Falls— ** Unity Cl, 17 Dunn Block
* Truth Cen, Columbia bldg
Livingston— *** Unity Cen, Elks' Hall

NEBRASKA

Lincoln— *** Unity Soc, 1548 O st
Omaha— *** Unity Cen, Courtney bldg
* Meta Lib, Patterson bldg

NEW HAMPSHIRE

Manchester— * Home of Truth, Hotel Carpenter

NEW JERSEY

Atlantic City— * Temple of Truth, Central Pier
East Orange— * Divine Science, 19 Washington
Montclair— *** Unity Cl, 14 S Park
Newark— *** Unity Soc, Berwick hotel
* Truth Cen, 97 S 10th
Plainfield— *** Unity Cen, Babcock bldg

NEW MEXICO

Albuquerque— ** Unity Rdg Rm, 306 E Central
Raton— ** Unity Soc, 321 N 4th

NEW YORK

Brooklyn— *** Unity Soc, 3 Albee square
Buffalo— *** Unity Cen, 154 Lancaster
§ Buffalo Unity Soc, Statler hotel
Chautauqua— *** Truth Students Home, 49 Scott
New Rochelle— ** Unity Cen, 271 No ave
New York City— *** Unity Soc, 11 W 42d; Center of Truth, Hotel Roosevelt; Unity Cl, 2 W 130th (col)
* Brentano's, 1 W 47th; Universal Truth Cen, 360 W 125; Church of Healing Christ, Biltmore Hotel
§ Church of Truth, Salmon Tower bldg
Rochester— *** Unity Cen, Seneca hotel; Unity Soc, 633 East ave
Schenectady— *** Unity Soc, 1029 University
Syracuse— * New Thought Cen, 155 E Onondaga

OHIO

Akron— *** Unity Cen, Pythian temple
Alliance— ** Unity Cl, 238 Main
Canton— ** Unity Soc, 610 Market N
Cincinnati— *** Unity Cen, 26 E 6th Unity Gleaners, 2942 Minot, Oakley Station
* New Thought Temple, 1401 E McMillan
Cleveland— *** Christian Unity, Carter hotel
§ Church of Truth, Hotel Olmstead
Columbus— *** Unity Cen, 80 W Starr
Dayton— *** Unity Truth Cen, Fine Arts bldg
Hamilton— *** Unity Temple, 117 Ross
Middletown— *** Unity Temple, 1014 1st

Toledo— * Church of Universal Truth, 2310 Collingwood
Warren— *** Unity Cen, 2d Natl Bank bldg
Xenia— ** Unity Cl, Kingsbury bldg
Zanesville— ** Unity Study Cl, YMCA

OKLAHOMA

Muskogee— ** Unity Cen, 803 W Bdwy
Oklahoma City— * Absolute Divine Science, 215½ W 12 st
Tulsa— *** Unity Reading Rm, 608-12 Commercial bldg
** Unity Cl, 511 E Marshall (col)

OREGON

Portland— *** Unity Cen, 183 N 20th
*Meta Lib, 405 Yamhill; A W Schmale, 191-A 4th; Meier & Frank

PENNSYLVANIA

Erie— § Truth Cen, Lawrence hotel
Germantown— ** Unity Cl, 231 E Price
Philadelphia— § Chapel of Truth, 117 S Broad
Pittsburgh— *** Unity Cen, Century Bldg
Wilkes-Barre— ** Unity Cl, 315 Miners' Bank bldg

RHODE ISLAND

Providence— * Occult Book Cen, 604 Westminister

TENNESSEE

Memphis— ** Unity Cl, 1352 Madison
Nashville— *** Unity Truth Center, 2000 West End ave
§ Lily Condi Smith, Tulane hotel

TEXAS

Amarillo— ** Unity Study Cl, 1500 Taylor
Austin— *** Unity Cen, Driskill hotel
Dallas—*** Unity Assb, 1101 Burt bldg
** Unity Cen, 928 Allen bldg
El Paso— *** Unity Temple, 305 E Franklin
Ft Worth— *** Unity Cen, Worth bldg
Houston— *** Unity Cen, Milam Bldg
San Antonio— ** Unity Soc, Maverick bldg

UTAH

Ogden— ** Unity Cl, 2838 Wash
Salt Lake City— ** Unity Cl, Cullen hotel

WASHINGTON

Seattle— *** Unity Cen, Henry bldg
* Seattle Cen, 1125 5th; The Bon Marche
Spokane— § Church of Truth, 1124 W 6th
* Meta Book Shop, 821½ 1st; Unity Bookshop, Standard Stock Exch Bldg
Tacoma— * Truth Cen, Hotel Winthrop
Yakima— ** Meta Cen, 301 N 2d

WISCONSIN

Beloit— * Study Cl, 626 Pleasant
Milwaukee— *** Unity Cen, 3112 W Highland

AUSTRALIA

Adelaide— * New Thought Soc, Eagle Chambers
§ Divine Science Cen, 99 King William
Brisbane— * Truth Cen, Albert House
Perth— * Albert & Sons, 180 Murray
Sydney— * Harmony Cen, 175 Pitts, N S W; New Thought Home, Seaforth Crescent, Seaforth via Manly

CANADA

Calgary— ** Unity Cen, 221A 8th ave W
Edmonton— *** Unity Cen, Empire blk
Moose Jaw— ** Unity Cen, 73 High W
Regina— ** Unity Cen, Broder bldg
Saskatoon— ** Unity Cen, 314 Canada bldg
Toronto— *** Unity Cen, 765 A Yonge
Vancouver— ** Unity Fellowship, 641 Granville
Victoria— § Truth Cen, 720½ Fort
Winnipeg— *** Unity Assb, 322 Donald
* Beth Richards, 333½ Portage

ENGLAND

Boscombe Hants— * E Quinion, 20 Gordon
Cheshire— *** Unity Cen, Glendor Mt rd Upton B'head
* Annie Fairbank, 47 St Nicholas rd Wallasy Village
Leicester— * Emma Danson, 94 Upper Kent st
Liverpool— *** Unity Cen, 125 Mt Pleasant; Soc of Prac Christianity, Royal Institution Colquitt
London— * L N Fowler & Co, 7 Imperial arcade, EC 4; The Rally, 9 Percy st (Tottenham Ct rd), W1; Order of the Golden Age, 155 Brompton rd, SW 3
§ Truth Cen, Courtfield Gardens, Earl's Court
Manchester— *** Unity Cen, Greg's Bldg 1, Booth Square

GERMANY

Heilbronn am Neckar— * H A Hahn Frankfurterstrasse 8

SCOTLAND

Edinburgh— *** Unity Study Cl, 30 York Place
** Practical Christianity Cen, 16 Royal Terrace

SOUTH AFRICA

Fairview, Johannesburg— * Unity Bk Depot, 66 Grace

Unity Periodicals

UNITY—*A message of Christian healing*
UNITY DAILY WORD—*A daily page of inspiration*
WEEKLY UNITY—*Practical truths for daily living*
GOOD BUSINESS—*Combines Truth with business*
PROGRESS—*The magazine with the modern outlook*
WEE WISDOM—*Teaches children to live happily*

(All Unity periodicals $1 a year each)

Use the Bible More

Some one writes that he believes the road back to prosperity lies through a return to Biblical truths. Certainly the Bible gives definite laws by which man may direct his life and affairs toward the goal of happiness and plenty.

The Nelson Teachers' Bible (American Standard Version) will help you to get a clearer interpretation of Scriptural passages, and this book includes many student helps, such as an index, full references, maps, and the like. It has large, readable type, and is self-pronouncing. This is the Bible that is used and sponsored by Unity School.

Send for Our Catalog

The 1934 Unity catalogue is now ready for distribution, and you may have a copy for the asking. You will find in it a complete list of all the Unity publications with their prices, besides other information of value.

Active Appreciation

I am inclosing $1 to pay for a *Weekly Unity* subscription for some one who may need it as much as I did when you gave me a subscription.—Mrs. S. N.

When you send a Unity periodical to some person your act of sharing goes on and on blessing others whom you do not know. Members of the Help-One-A-Month Club set such good in motion each month by sending at least one Unity subscription to some person who seems to be in need of its message. Their joy is multiplied when letters like the one above come back to them. Perhaps you would like to have part in this wonderful work. A card addressed to the Help - One - A - Month Club, 917 Tracy, Kansas City, Mo. will admit you as a member.

Prepare for Vacation

School will soon be out, and you can help your children to spend their vacation days happily and constructively by placing *Wee Wisdom* magazine in their hands. *Wee Wisdom* not only entertains the children, but offers them many interesting suggestions for doing and making things, and using up their excess energy in a wholesome way. The June issue of *Wee Wisdom* introduces some new and delightful features, one of which is the first installment of a fascinating story entitled "The Sea Cave's Secret." If your children are already getting *Wee Wisdom,* perhaps you'd like to order it for some little friend or relative to begin with the June number.

"Our Father"

How many times we repeat the Lord's Prayer in a mechanical way, giving little thought to the power and significance of its words! Clarence Edwin Flynn has written an article for *Unity* in which he analyzes and interprets each petition of this prayer. After you have read it you cannot again thoughtlessly repeat the Lord's Prayer, for it will be invested with a new meaning and importance to you. The name of the article is "Living the Lord's Prayer," and it will be published in the July issue of *Unity.*

Vegetable Loaf

1 cup peas, cooked
1 cup beans, cooked
1 cup cooked rice
2 eggs beaten
2 tablespoons butter, melted
1½ cups hot tomato sauce
Celery salt
1 teaspoon salt

Preferably use dried peas and beans, and while hot, put them through a food chopper. Add all the other ingredients but the hot sauce and shape into a loaf, adding more cooked rice if necessary. Season to taste. Bake in a moderate oven for forty-five minutes. Serve with hot tomato sauce. *Supplies protein, starch, fat and cellulose. Serves 5.*

This recipe is taken from *Meatless Meals,* our vegetarian cookbook of more than three hundred wholesome, practical recipes, with additional helps for the housewife; such as the care of food, how to cook food so as to retain its nutritive value, and so forth. This book is bound in durable linen.

How to Cure the "Blues"

Does something seem to depress you? Do you feel that everything in your world is going wrong? You can exchange this mood for one in which you feel as if you were "sitting on top of the world." In the chapter "Balance and Poise" in F. B. Whitney's book *Open Doors* you will learn how one man deliberately cured an attack of "blues," and substituted a joyous state of mind in which he felt in tune with the universe. *Open Doors* brings you a wonderful philosophy by which to direct your life.

Read Charles Fillmore's Los Angeles Address

The address that Charles Fillmore gave in Los Angeles will appear in the July issue of *Unity*. On February 25 Mr. Fillmore spoke to seventy-two hundred people in Shrine Auditorium on the subject "Unity and the New Race." The enthusiastic response to his lecture is indicated by the following comment from one who was present:

"I am grateful for the opportunity given me to listen to the lecture by Charles Fillmore. It seemed almost a miracle that this great auditorium could be filled with so little advance publicity. Other attractions have to be advertised weeks in advance, but here a man of God dropped quietly into the city and filled this large hall to overflowing without trouble. . . . Surely the people of the world are growing weary of worshiping the golden calf, and are turning to the peace, comfort, and security of the Father."

Lessons in Truth has guided more persons in their search for Truth than any of our other books.

What Would You Do?

If after being accustomed to wealth and its advantages, you suddenly found yourself facing the future with no income and a family to support, what would you do? In the booklet *Caroline Napier*, you will find a true account of what one woman did, who found herself in just such circumstances. Her success in overcoming what seemed to be hopeless conditions will inspire you to meet your own problems with courage and faith.

Do You Know Yourself?

It is said that there is in every man a continent of undiscovered character, and the book *What Are You?*, by Imelda Octavia Shanklin, is a challenge to you to explore this new and untried region. It presents nine themes, each developed in a comprehensive and masterly manner. Among them are "Your Identity," "Your Consciousness," "Life Pays," "Your Objective," "Your Equipment," "Your Resource," and so forth. To read this book is to see yourself in a new light, and to feel yourself possessed of unlimited power and ability.

Ernest C. Wilson Lectures Abroad

Ernest C. Wilson, Unity lecturer, plans to visit Unity centers in Liverpool and London, England, and in Edinburgh, Scotland early in June.

Tentative speaking dates are:

June 11, 8 p. m., Unity Center, 125 Mt. Pleasant, Liverpool

June 11, 2:30 p. m., Society of Practical Christianity, Royal Institution Colquitt, Liverpool

June 12, 8 p. m., Truth Center, Courtfield Gardens, Earl's Court, London

June 13, 8 p. m., Unity Study Class, 30 York Place, Edinburgh

For possible changes in dates and other information please communicate with the centers mentioned.

Readers Like Divine Remedies

In my opinion *Divine Remedies* is one of the best consciousness builders it has been my good fortune to come in touch with. Rest assured that I shall always keep passing it along.—*Mrs. M. A. D.*

I consider the issue of *Divine Remedies* an answer to prayer. I gave my copy to a friend when according to appearances I could not secure another copy. I put away all doubt and declared that I should get another copy some time. So I was not a bit surprised to see the announcement that you had the book again. This little demonstration gave added strength to my faith.—*Mrs. F. M.*

We rejoice in these comments by friends. *Divine Remedies*, always a popular book, has been revised and amplified by its compiler, Theodosia DeWitt Schobert. Attractively bound the new edition is proving even more popular than the old one.

Unity Books and Booklets

For Beginners	Caroline Napier ..... *English or German*	$ .50
	Directions for Beginners	.25
	Directions for Beginners ..... *Spanish*, $.10; *German*	.25
	Lessons in Truth ..... flexible $2; cloth	1.00
	Lessons in Truth ..... *French, Swedish, Italian, Norwegian*, $.75; *German, Spanish, Dutch*	1.00
	Lovingly in the Hands of the Father ..... flexible $2; cloth	1.00
	Miscellaneous Writings ..... flexible $2; cloth	1.00
	Miscellaneous Writings ..... *Italian, French, German*	.75
	Unity's Statement of Faith	.10
On Healing	Christian Healing ..... flexible $2; cloth	1.00
	Christian Healing ..... *French*, $.75; *German*	1.00
	*Divine Remedies	.50
	Heal Thyself ..... cloth	1.00
On Prosperity	Adventures in Prosperity ..... flexible $2; cloth	1.00
	Spiritual Law in Business, The	.25
On the Silence	Methods of Meditation	.25
	The Silence	.50
Pertaining to the Home	Meatless Meals ..... cloth	1.00
	Science of Food and Cookery, The ..... cloth	2.50
	Truth in the Home	.50
Inspirational	All Things Made New ..... cloth	1.00
	Beginning Again	.35
	*Christ Way of Living, The	.50
	Creed of the Dauntless ..... flexible $2; cloth	1.00
	Faith That Removes Mountains ..... *German*	.25
	Finding the Christ	.25
	Finding the Christ ..... *German, Spanish, Swedish*	.25
	Holy Bread	.10
	Open Doors ..... flexible $2; cloth	1.00
	Remember ..... cloth	1.00
	*Song of Life, The	.10
	Sunlit Way, The ..... *German or English*, cloth	1.00
	What Are You? ..... *German or English*, cloth	1.00
Devotional	Bible, American Standard Edition	4.50
	Book of Silent Prayer	.50
	Metaphysical Bible Dictionary	10.00
	Truth in Song	.50
	Unity Song Selections ..... cloth	1.00
	When Ye Pray	.50
For Advanced Study	Inner Vision	.50
	Selected Studies	.50
	Twelve Powers of Man, The ..... flexible $2; cloth	1.00
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	Lessons for Young Students	.25
	How Jimmy Came Through	.50
	Little Susie Sleep Ears	.29
	Treasure Box	.29
	White Stockings and Other Tales	.29

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REALITY

By EVELYN GAGE BROWNE

There was never a falsehood spoken
That could alter the truth—not one!
There was never a real heart broken
By anything man has done.

There was never a hurt that mattered,
When love was seen to be true;
There was never a cloud but scattered
When the sun came shining through.

There was never a dark so abysmal
That light couldn't take it away,
There was never a night so dismal
But ended at break of day.

There was never a winter but vanished
When spring skies shone from above,
There was never a grief but was banished
By faith in a God of love.

There was never an earthly power
That mortals could feel or see
That mattered for even an hour—
In the face of reality!